

COGNIZANCE

The Quarterly Newsletter by P.A.F.G.C



From the Editor's Desk

Dear reader,

It is with great pleasure that we present the Vol. 3, Issue 4 of Cognizance, the quarterly newsletter by PAFGC.

This publication aims to provide a comprehensive overview of PAFGC's progress, accomplishments, and strategic initiatives, fostering transparency, collaboration, and innovation within our organization.

The current issue features FDPs, Awareness Programs, Student and staff achievements, Placement Drives and observation of different occasions, and showcasing the dedication and expertise of our team members. Thank you for the support and encouragement.

Ms. Muneera A
Associate Editor

THIS ISSUE

- Graduation Day
- Alumni Meet
- Orientation Day
- Independence Day
- Teachers' Day
- FDP
- Intra- Class Competitions
- World Literacy Day
- Awareness Programs
- Staff Achievements
- Students Achievements
- Placement Drive

Student Achievements



Staff Achievements

The following faculty members of PAFGC have successfully completed the Post Graduate Diploma in Guidance and Counselling (PGDGC) course from St. Agnes Centre for Post Graduate Studies & Research, Mangalore.

1. Ms. Deepti Udyavar
2. Ms. Vanishree Y
3. Ms. Ithashree M

This achievement demonstrates their commitment to enhance their skills and knowledge in guidance and counselling. The PGDGC course has equipped them with the necessary expertise to provide effective support and guidance to our students.

We congratulate Ms. Deepti Udyavar, Ms. Vanishree Y, and Ms. Ithashree M on their achievement and look forward for their continued contributions to our institution.



Mind Mapping Session by Principal at Excellent PU College, Mudbidiri

Dr Surfraz J Hasim, Principal, PAFGC was invited to deliver a session on Mind Mapping & Hypnosis at EXCELLENT Pre-University College, Moodbidri on 7 July 2024. Around 1100 students were benefitted from this program.

Mr Yuvaraj Jain, Chairman, Ms Rashmitha Jain, Secretary, Mr Pradeep Shetty, Principal and other faculty members were present on the occasion.



Mind Mapping Session by Principal at H H International School & College, Kuthar



Dr Surfraz J Hasim, Principal, PAFGC was invited to deliver a session on EXPLORE YOUR MIND & Scientific Studying Techniques at H H International School & College on 11 July 2024.

Mind Mapping Session by Principal at Pompei PU College, Kinnigoli



Dr Surfraz J Hasim, Psychologist, Mind Trainer & Coach, Principal, P. A. First Grade College was invited to deliver a session on Mind Mapping & Scientific Studying Techniques at Pompei Pre-University College, Kinnigoli on 23 July 2024. About 150 students and their parents were present for the program. Mr Desmond D'Mello, Principal, Mr Lawrence Sequeira, Senior faculty member & staff members were present on the occasion.

Session on "Developing the Right Mindset & Choosing a Career Path" by Principal at Pandyarajah Ballal Pre-University College, Ullal.



Dr. Surfraz J Hasim, Psychologist & Mind Trainer and Principal of PAFGC was invited to deliver a session to the students and parents of Pandyarajah Ballal Pre-University College, Ullal on 27 July 2024. The topic of the session was "Developing the Right Mindset & Choosing a Career Path".

Ms. Muneera A, Assistant Professor in English as the Chief Guest

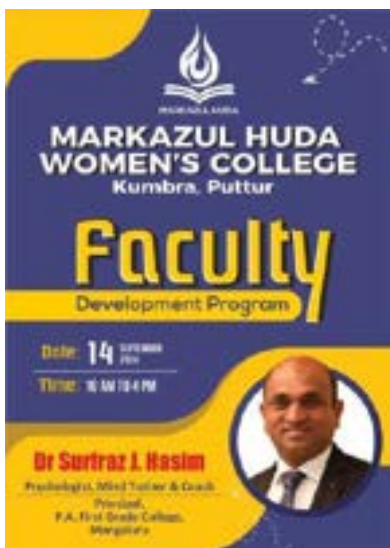


Ms. Muneera A, Assistant Professor in English was honored to be invited as the chief guest for the alumni reunion at Kanachur PU College for Women on 24 August 2024. The event brought together former students, faculty members, and staff members to celebrate their shared experiences and memories.

Ms. Sara, Assistant Professor in Kannada as the Chief Guest

On 4 August 2024, Ms. Sara Maskurunneesa, Assistant Professor in Kannada was honored to be the chief guest at the award distribution ceremony for meritorious students. The event was organized by the Board of Islamic Studies, Karnataka, Ullala Centre, at the Maulana Sirajul Hasan Memorial Hall, Hira College, Babbukatte.





Dr. Surfraz J Hasim, Principal was invited as a resource person for a FDP on EFFECTIVE TEACHING SKILLS at MARKAZUL HUDA WOMEN'S College, Kumbra, Puttur on 14 September 2024.



Principal as Chief Guest for the Orientation Program at PACE

The induction program for the first-year students of PA College of Engineering, Mangalore, was held on 17th September 2024, marking the commencement of their academic journey. Dr. Surfraz J. Hasim, Principal, PA First Grade College was invited as the chief guest. He inspired the students with his motivational words. Drawing from his vast experience as an educator, mind trainer, psychologist, and success coach, Dr. Hasim encouraged the students to develop a positive mindset, focus on holistic development, and harness their potential to achieve great success.



Ms Muneera as Resource Person for the Induction Program at PACE



Ms. Muneera, Assistant Professor in English was invited to deliver a session on “Common Errors in English” during the Induction Program for first year students at PA College of Engineering (PACE) on 18 & 26 September 2024. The session, focused on grammar, vocabulary, pronunciation, and punctuation. The aim was to enhance students’ language skills and confidence in communication.



Hard work pays off.

Congrats and well

done!

Session on New Criminal Law



KCCI
KNOWLEDGE CENTRE

KANARA CHAMBER OF COMMERCE & INDUSTRY
Mangaluru

cordially invites you to a Session on

NEW CRIMINAL LAWS

- Bharatiya Nyaya Sanhita (BNS)
- Bharatiya Nagarik Suraksha Sanhita (BNSS)
- Bharatiya Sakshya Adhiniyam (BSA)



Chief Guest



Shri Anupam Agrawal
Police Commissioner, Mangaluru

Resource Person



Shri K. Prithviraj Rai
Advocate, Immediate Past President of
Mangalore Bar Association, Mangaluru

Thursday, 25th July 2024 at 3:30 pm
at Meeting Hall of KCCI, Chamber Building,
Chamber Road, Bunder, Mangaluru - 575 001

Anand G. Pai
Vice-President, KCCI

CA Ananthesh V. Prabhu
President, KCCI

CA Abdur Rahman Muskie
Hon. Treasurer, KCCI

P.B. Ahmed Mudassar
Hon. Secretary KCCI

Ashwin Pal Menon
Hon. Secretary KCCI

RSVP: +91 94835 30669
Please be seated by 3:50 pm

Please Register at



ENTRY FREE

https://kcci.org/india



Mr K Prithviraj, Advocate and Immediate Past President of the Mangalore Bar Association, expertly dissected the legal intricacies of the new criminal laws. He shed light on three pivotal laws: the Bharatiya Nyaya Sanhita (BNS), Bharatiya Nagarika Suraksha Sanhita (BNSS), and Bharatiya Sakshya Adhiniyam (BSA), explaining the changes in an accessible and engaging manner.

A lively interactive session ensued & allowed participant to pose questions and seek clarifications from the Resource Person. Mr. P.B. Ahmed Mudassar, Honorary Secretary, KCCI, extended his gratitude to the attendees and organizers, bringing the session to a close.

The event concluded on a positive note, with participants gaining a deeper understanding of the new criminal laws and their significance.

On 25 July 2024, the Principal, staff members, and students of P. A. First Grade College, Nadupadavu, attended an enlightening session on New Criminal Law organized by the Kanara Chamber of Commerce and Industry (KCCI), Mangalore. The session commenced at 3:30 PM, setting a stage for an informative discussion.

CA Ananthesh V Prabhu, President, KCCI warmly welcomed the attendees. Mr Anand G Pai, Vice President of KCCI introduced the esteemed Chief Guest, Mr Anupam Agrawal, IPS – Police Commissioner, Mangaluru. Mr Agrawal delivered a comprehensive address, highlighting the evolving nature of criminal laws and their far-reaching implications for law enforcement and society. He provided a detailed overview of recent amendments, elucidating the rationale behind these changes.



Participation at NAAC Southern Region Workshop



NAAC Reforms 2024 - Regional Consultative Workshop for the Southern Region was held on 16 July 2024, at the Indian Institute of Science, Bangalore. This important event aimed to create awareness about the new Binary Accreditation System for Higher Educational Institutions (HEIs). The workshop organized by the Executive Committee of NAAC, sought inputs on the proposed reform, focusing on eligibility, weightage, and the rules of metrics and measurements.

The event began with a prayer and welcome, followed by three key technical sessions:

1. First Technical Session: Prof. Ganesan Kannabiran, Director, NAAC, provided a general introduction to the Binary Accreditation Framework, discussing its weightage and eligibility criteria.
2. Second Technical Session: Dr. Devender Kawday, Advisor, NAAC, delved into the specific rules of metrics and measurements that Universities, Autonomous Colleges, and Affiliated Colleges should follow.
3. Third Technical Session: A panel discussion highlighted the importance and benefits of Binary Accreditation, followed by an Open Forum where participants could interact with NAAC delegates and clarify their doubts.

The workshop concluded with reflections on the key takeaways from the sessions. IQAC Coordinators Ms. Vanishree Y from PAFGC and Dr. Rajisha from P. A. College of Pharmacy were among the attendees, gaining valuable insights into the Binary Accreditation System.

Campus Recruitment Drive for B.Sc (FND) students

On 31 July 2024, PAFGC hosted a campus recruitment drive specifically designed for students specializing in Food Nutrition and Dietetics. This event was organized by Molsys Private Ltd, a prominent company in the nutrition and health industry, aiming to recruit candidates for the position of Dietetic Advisor at Yenepoya Specialty Hospital, located in Kodialbail, Mangalore.

The recruitment drive attracted significant attention due to the involvement of Mr. Gourab Banerjee, Co-founder and CEO, Molsys Private Limited, who personally conducted the interview. A total of six final-year Food Nutrition and Dietetics students participated in the recruitment process: Ms. Swetha, Ms. Kadheejath Saniya, Ms. Sheikha, Ms. Rouzana Z, Ms. Ayishath Shaima, and Ms. Safa from 3rd year FND. These students showcased their expertise, passion for dietetics, and comprehensive understanding of nutritional science throughout the interviews.

The selection process was rigorous, involving detailed questions and practical scenarios designed to assess the candidates' knowledge, skills, and problem-solving abilities. This thorough evaluation ensured that the best-suited candidates were identified for the role of Dietetic Advisor.

The recruitment drive was coordinated by Ms. Krithika, Assistant Professor, Department of Food Sciences, ensuring the smooth execution of the event. The presence of Mr. Banerjee provided the candidates with a unique opportunity to interact directly with a key leader in the industry, gaining valuable insights, career advice, and a better understanding of professional expectations in the field of dietetics and nutrition.





9 August 2024, marked a momentous occasion at P. A. First Grade College as the Graduation Day ceremony for the class of 2024 commenced with a solemn prayer by Janab Izuddeen Kausari, Imam, PACE Prayer Hall, which was translated by Mr. Sali Asham, Assistant Professor, Department of Commerce and Management.

The grand event was graced by esteemed guests, including Dr. Devendrappa H, Registrar (Evaluation), Mangalore University, as the chief guest, and Dr. M. Abdul Rahiman, Former Vice-Chancellor, Calicut and Kannur Universities, and Advisor, PAET Institutions was the distinguished guest. Mr. Abudulla Ibrahim, Managing Trustee, Mr. Abdul Latheef Ibrahim, Trustee, Mr. K Ahmed Kutty, Director-Finance and other dignitaries joined the celebration, making it a memorable occasion for the graduating students.

In his speech, the Chief Guest, Dr. Devendrappa H, encouraged the students to pursue higher studies and strive for the betterment of youth. He emphasized the importance of continuous learning and self-improvement. Managing Trustee Mr. Abdulla Ibrahim, in his speech, requested the students to listen and interact with elderly people to draw inspiration from their experiences. He highlighted the significance of education in shaping individuals for the betterment of society.



The Distinguished Guest, Dr. M. Abdul Rahiman, spoke about the virtues of patience, emphasizing its importance in all walks of life. He stressed that upskilling is crucial for career growth and that it's not just about earning a degree, but also about developing ethics, patience, and commitment.



The ceremony reached its pinnacle when Principal Dr. Surfraz J Hasim administered the oath to the graduands, symbolizing their transition to the next phase of their lives. Vice Principal Dr. G Harikrishnan extended a warm welcome to the gathering, while Ms. Vanishree, IQAC Coordinator proposed the vote of thanks. Ms. Laveena D'Souza and Ms. Afrath Aman, Assistant Professors were the hosts for the event.



Annual Alumni Meet at PACE Auditorium

The Annual Alumni Meet was successfully hosted on 10 August 2024, at PACE Auditorium. The program commenced with the invocation of blessings from the Almighty. Dr. Zoheb Ali, Alumni Coordinator, CMSR welcomed the gathering.

During the event, the Managing Trustee, Mr. Abdulla Ibrahim, addressed the gathering. The chief guest, Prof. U.T. Iftikhar Fareed, Chairman, Allied & Health Care council, Karnataka spoke on the importance of the event and conveyed his best wishes for the association. Mr. Haneef, former Director (Administration), shared the journey of PACE. Dr. Surfraz J. Hasim, Principal, PAFGC addressed the event, highlighting the importance of the alumni committee and requesting to strengthen the association.

The event aimed to reconnect with past students and provide a platform for them to share their experiences, achievements, and insights with their peers and current students. A few alumni shared their journey after graduating from the institution. A panel discussion was organized to gather inputs from alumni of various batches. The discussion provided valuable insights into engaging the audience and encouraging interaction.

The meet included a dedicated networking session where alumni had the opportunity to reconnect with their batchmates and faculty members. This session also allowed current students to interact with alumni and seek guidance on their career paths.

The meet concluded with a vote of thanks by Mr. Abdulla Favaz, President, Alumni Association-PAFGC, and Mr. Yajnesh, President, PACE Alumni Association, who expressed appreciation to the organizing team, alumni, and all participants for making the event a success.

The Alumni Meet 2024 was a resounding success, fostering a sense of belonging and pride among the alumni. The event provided a platform for meaningful interactions, knowledge exchange, and strengthening ties between the institution and its alumni community. The institution looks forward to more such events in the future to continue building a strong alumni network.

Notable attendees included Mr. P.A. Abdul Latif Ibrahim, Trustee, PAET, Mr. K. Ahmed Kutty, Director (Finance), Dr. Sharmila Kumari, Vice Principal, PACE, Mr. Sharfuddin P.K., AGM(Campus), Dr. Sayyad Ameen, Dean (SA) & Director (CMSR), Heads of Various Departments, faculty members, former faculty members, and Alumni of PACE & PAFGC.



Orientation Day: Beginning of A New Academic Journey



On 12 August 2024, PA First Grade College welcomed its new batch of first-year students on Orientation Day, marking the beginning of their academic journey. The event aimed to acquaint students with the college's vision, rules, and support system.



The program commenced with a prayer led by Mr. Ashik, a second-year BBA student, followed by a warm welcome address by Dr. G Harikrishnan, Vice Principal. Dr. Ramis MK, Principal, PACE, graced the occasion as the chief guest and delivered a keynote address, emphasizing the importance of Embracing curiosity and lifelong learning, Developing critical thinking and problem-solving skills, Building strong relationships with peers and faculty members, Exploring opportunities for growth and development. Dr. Ramis MK also encouraged students to be proactive, take risks, and strive for excellence in their pursuits.

Dr. Surfraz J Hasim, Principal delivered presidential remarks, emphasizing the significance of this new academic chapter. Additionally, he stressed the importance of forgiveness, gratitude, and unconditional love in personal and professional growth.

Mr. Sharath Venugopal, Regional Head- Business Relationship, and Ms. Nanda Devi, Manager, ISDC addressed the students, sharing valuable insights and advice on navigating their academic and professional careers.

The campus rules and regulations were presented by Dr. Sayyed Ameen, Dean (Student Affairs) and Director, CMSR, and elaborated by Ms. Deepthi Udyavar, Head-Dept, of Commerce and Management and Ms. Sunitha, Assistant Professor in Malayalam.

The class guides and mentors were introduced to the students, who will be providing support and guidance to the students throughout their academic journey.

Dignitaries on the dais included Mr. Sharfuddin PK, AGM- Campus, Dr. Saleemulla Khan, Principal, PACP, Prof. KP Soofie, Principal, PAPT, Mr. Haris TD, Purchase Manager, PAET, Ms. Shafinaz Sayyed Ismail, Admission Officer, PAET, Dr. Iqbal, Campus Manager and Physical Director, PACE, Ms. Vanishree, IQAC Coordinator, and Ms. Noorjahan Begum, Head- Department of Humanities and Social Sciences.

The program was skillfully moderated by Ms. Laveena D'Souza, Assistant Professor in English, and Ms. Anfa Nishad, Assistant Professor, Department of Food Sciences.

With this Orientation Day, PA First Grade College has set the stage for a promising academic year, empowering its students to succeed and thrive.

Pledge against Drug Use

On 12 August 2024, the Internal Quality Assurance Cell (IQAC), in association with the NSS Unit and Anti-Drug Committee, organized a pledge against drug use under the "Nasha Mukta Bharat Abhiyaan" in the PACE Auditorium at 12 noon. The event was hosted by Ms. Krithika, Coordinator, Anti-Drug Committee and welcomed by Dr. G. Harikrishnan, Vice Principal.



Mr. Sharfuddin PK, AGM- Campus, Dr. Sayyed Ameen Ahammad, Dean (Student Affairs) and Director-CMSR, Dr. Surfraz J Hasim, Principal, Ms. Shafinaz Sayyed Ismail, Admission Officer, Mr. Haris TD, Purchase Manager, Dr. Iqbal, Campus Manager, Mr. Sharath Venugopal, Regional Head, Business Relationship, ISDC and Ms. Nanda Devi, Manager, ISDC, Ms. Chaithra N.V. and Ms. Ithashree M, NSS Program Officers, and heads of various departments graced the occasion.



A total of 273 students participated in the program. Ms. Krithika, Coordinator, Anti-Drug Committee, administered the oath to the students and faculty members, pledging to support a drug-free India.

The program aimed to raise awareness about the harmful effects of drug abuse. The event ended with a vote of thanks by Ms. Delcy D'Souza, Head- Department of Food Sciences, and promoted a healthy and drug-free environment.



Induction Program 2024-25

P. A. First Grade College organized six days induction program for the 1st year degree students from 13 August 2024 to 20 August 2024. Main objective of induction program was to introduce multi-disciplinary, to make the students learn something new, motivate them to strive hard, be positive, be diplomatic and stay healthy. In order to meet the objective 13 dynamic speakers were chosen to deliver sessions on different topics.

As part of the induction program, a campus walk was organized to introduce College facilities and departments with the help of Capt. Rudresh and Session Incharges. The walk aimed to help students navigate the campus, understand the location of key amenities, and become familiar with the College infrastructure. Students actively participated in the activities conducted during the interactive session. Apart from the sessions, on 20 August 2024 invited talk was organised separately to each stream.



Glimpses of Induction 2024-25



Partition Horrors Remembrance Day

The Partition Horrors Remembrance Day was solemnly observed by the IQAC in association with the NSS unit of P.A. First Grade College on 14 August 2024 at 3:30 PM in Seminar Hall-2. The event was organized to reflect on the tragic memories of the Partition and to honor those who suffered during this tumultuous period in history. The program was attended by 65 students, along with faculty members and distinguished guests. Ms. Ithashree M, NSS Program Officer, initiated the event by extending a warm welcome to the gathering. The guest speaker, Capt. Rudresh, Campus Supervisor, shared his poignant experiences, which were both insightful and moving, providing a personal perspective on the horrors faced by millions during the Partition. Following Capt. Rudresh's address, Mr. Lohith, Assistant Professor, Department of HSS, spoke about the importance of observing Partition Horrors Remembrance Day. A moment of silent prayer was observed for those who lost their lives during the Partition. Dr. Sayyad Ameen Ahammad, Dean (SA) & Director, CMSR, provided a broader context of the Partition, linking it to relevant issues in the present era. Dr. Surfraz J. Hasim, Principal delivered the presidential remarks. Mr. Arif, Assistant Professor, Department of Commerce and Management, proposed the vote of thanks, while Ms. Chaithra N.V, NSS Program Officer, flawlessly compered the program. The Partition Horrors Remembrance Day program was a significant event that not only honored the memory of those affected by the Partition but also served as a reminder of the enduring importance of peace, unity, and mutual respect in society.



Cyber Crime Awareness Video Competition

On 15 August 2024, the Mangalore City Police organized a cyber-crime awareness video competition at TMA Pai Hall. The event was attended by the esteemed dignitaries, including trustees of various institutions, Mr. Anupam Agarwal, Commissioner of Police, Mangalore City, Mr. Siddarth Goyal, IPS, DCP, various police officers, Dr. Surfraz J. Hasim, faculty members and students of P.A. First Grade College. Out of 200 participants, P.A. First Grade College secured a top 20 spot with their outstanding cyber-crime awareness video. The video demonstrated exceptional quality, creativity, and impact, showcasing the college's commitment to promoting awareness about cybercrime. The event was a resounding success, highlighting the importance of cyber-crime awareness and the role of educational institutions in promoting digital safety. The achievement of P.A. First Grade College serves as a testament to their dedication to this critical cause.



Anti Ragging Awareness during Anti-Ragging Week Observance



On the occasion of Anti-Ragging Observance Week, second- and third-year students were educated on the consequences of ragging and measures to prevent it. Ragging is a serious issue with long-term psychological and physical effects on victims. It violates human rights and is strictly prohibited in educational institutions. The students were made to understand the severity of ragging, the legal and disciplinary actions against those involved, and the importance of fostering a safe and respectful environment for all. This awareness program aimed to prevent ragging and promote a culture of inclusivity and respect among students.

Independence Day Celebration

The 78th Independence Day was celebrated with enthusiasm and patriotism at P. A First Grade College. The event began with the ceremonial flag hoisting by Chief Guest Dr. Sajeesh Rangunathan, Principal, P.A Institute of Physiotherapy, followed by the national anthem. Dr. Rangunathan emphasized the importance of unity and the role of youth in strengthening the nation. He shared insights on the country's pride before 200 years ago and the responsibility of the youth to uphold it. Dr. Surfraz J. Hasim, Principal, PAFGC delivered an inspiring speech, reminding students of the sacrifices made by freedom fighters and the importance of upholding the values of democracy, freedom, and equality. He emphasized the role of education in shaping a brighter future for the country and encouraged students to contribute positively to the nation's development. Mr. Sameer, Assistant Professor, also spoke about the sacrifices of freedom fighters and the importance of youth in nation-building. The celebration was a grand success, with active participation from the college community. The event paid tribute to freedom fighters and served as a reminder of the responsibility that comes with freedom. The celebration concluded with a renewed sense of patriotism and commitment towards building a stronger India.



The event was skillfully hosted by Dr. Iqbal, Campus Manager and Physical Director, PACE, who ensured a seamless and memorable celebration.

P. A. First Grade College conducted its Valedictory Ceremony of the Induction Program on 20 August 2024, at PACE Auditorium. The program was graced by distinguished guests, resource persons, faculty members, and students. Dr. Saleemulla Khan, Principal, P.A. College of Pharmacy, was invited as the Chief Guest. In his address, he emphasized the importance of academic dedication and student involvement in co-curricular activities.



The Guests of Honor included Mr. Sharafuddin P.K, AGM (Campus), Dr. Sharmila Kumari, Vice Principal, PACE, Dr. Sayyed Ameen Ahammad, Dean (Student Affairs) and Director, CMSR, Prof. Ismail Khan, Vice Principal, PAPT, Dr. Iqbal, Physical Director, PACE, and Ms. Shafinaz Sayyed Ismail, Admission Officer, PAET.

The program began with invoking the blessings of the Almighty by Mr. Mohammed from 1st year BBA. Ms Ramyashree, Assistant Professor, Department of Commerce and Management welcomed the gathering. Dr. Sharmila Kumari inspired students with her motto, "Where there is a skill, there is a way," emphasizing that having skills can help overcome obstacles and achieve success.



Dr. Sayyed Ameen Ahammad highlighted the significance of induction, emphasizing its benefits and advocating for active participation in all college activities to foster a comprehensive and engaging educational experience. Prof. Ismail Khan motivated students to set ambitious goals and work tirelessly towards achieving them.

The resource persons, including Mr. Mohammed Faizal N, Head- CPOD, Ms. Sheethal, Communication Trainer, and Ms. Deepti Udyavar, Head- Department of Commerce and Management shared their valuable insights on the advantages and significance of the Induction program, providing a comprehensive understanding of its benefits.



The formal function concluded with the felicitation of the Chief Guest and all the resource persons. Ms. Gopika P.P, Assistant Professor, Department of HSS proposed the vote of thanks. The event was efficiently hosted by Mr. Asham, Assistant Professor, Department of Commerce and Management, and Ms. Jayalakshmi, Assistant Professor, Department of Computer Applications ensuring a smooth and memorable experience for all attendees.



On 23 August 2024, the Internal Quality Assurance Cell (IQAC) organized a highly engaging and educational quiz competition to celebrate National Space Day. The event was held in Seminar Hall 2 at 11:00 AM and attracted students from various departments who were eager to test their knowledge and deepen their understanding of space science. National Space Day, a significant occasion that celebrates the wonders of space and the achievements of space exploration, provided the perfect backdrop for the quiz. The quiz aimed to stimulate intellectual curiosity and promote awareness of the vast field of space science.

The quiz was designed to encompass a wide range of topics, including space exploration, astronomy, and the latest developments in the field made by leading organizations like the Indian Space Research Organisation (ISRO). The competition provided students an opportunity to explore these subjects in greater detail, reinforcing the importance of space education in today's world.

The competition saw a high level of participation, with students showcasing both enthusiasm and impressive knowledge. Ms. Rafa Fathima from 1st year B.Sc (FND) secured the first prize, demonstrating a remarkable understanding of space-related topics. Mr. Muhammad Rahid from 2nd year BBA won the second prize, also showcased an impressive level of knowledge and dedication to space science.

The quiz competition was coordinated by Ms. Saniya M, Assistant Professor, Department of Food Sciences, and Ms. Shreya T, Assistant Professor, Department of Computer Applications.

Faculty Development Program On “Publish and Flourish: A Program on Research Paper Writing Skills



On 19 August 2024, the Internal Quality Assurance Cell (IQAC) organized one-day Faculty Development Program titled "Publish and Flourish: Research Paper Writing Skills" by Mr. Sanath Kumar K, Assistant Professor, Department of Commerce and Management.

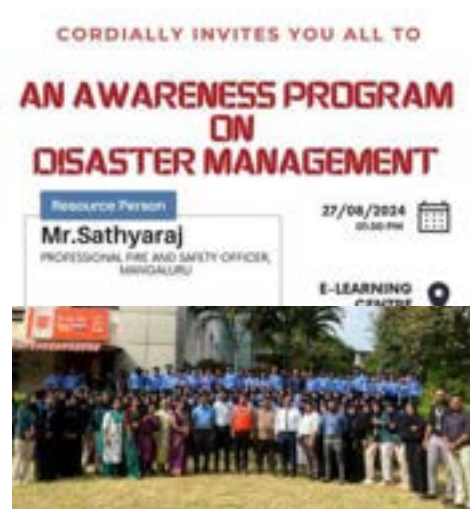
The program began with a warm welcome delivered by Ms. Fathimath Azweena, Assistant Professor, Department of Computer Applications. The faculty development program aimed to enhance the research paper writing skills of staff members and equip them with the tools and knowledge necessary to produce high-quality research papers, thereby increasing their publication output and contributing to academic excellence.

His presentation delved into various critical aspects of research paper writing, including the importance of clear content identifiers, proper author affiliation, and the different types of research papers. He provided detailed insights into the structural elements of research papers and shared effective techniques for presenting research findings in a compelling manner.

The event was graced by Dr. Surfraz J. Hasim, Principal, PAFGC, along with the heads of various departments and other faculty members who actively participated in the discussions. The program was attended by 22 faculty members from various departments, who engaged actively in discussions, workshops, and networking opportunities.

The FDP concluded with a vote of thanks delivered by Ms. Fathimath Azweena, who expressed gratitude to the speaker, attendees, and organizers for their contributions to the program's success. The session not only provided valuable knowledge and skills but also fostered a collaborative environment for academic growth among faculty members.

Disaster Management Awareness Program



On 27 August 2024, P. A. First Grade College organized an insightful Disaster Management Awareness Program at the E-Learning Centre. The event was conducted by the Internal Quality Assurance Cell (IQAC) in association with the National Service Scheme (NSS) and Youth Red Cross (YRC) units. Mr. Sathyaraj, a professional Fire and Safety Officer was the resource person for the program.

The event was graced by the presence of Dr. Surfraz J. Hasim, Principal, Dr. G. Harikrishnan, Vice Principal, Ms. Vanishree Y, IQAC Coordinator, Mr. Arif, Ms. Ithashree, and Ms. Chaithra N. V, NSS Program Officers, and Ms. Sara Maskurunissa, YRC Coordinator, along with other esteemed faculty members.

The program commenced with a prayer led by Mr. Mohammed Ashik from 2nd Year BBA, setting a reflective tone for the session. Ms. Amani Amreen from 3rd year BCA welcomed the gathering, while Ms. Shafna Sherin from 3rd year BCA compered the program.

Mr. Sathyaraj, a professional Fire and Safety Officer from Mangalore and a key figure in the "Safety First Abhiyan" campaign, emphasized that "we should be safe for city safety," underscoring the importance of individual responsibility in ensuring broader community safety. His session included a live demonstration on the proper use of a fire extinguisher and a practical demonstration of Cardiopulmonary Resuscitation (CPR), which captivated the audience. He also stressed the importance of spreading awareness as a part of "Ek Bharat Shreshtha Bharat" initiative, encouraging all participants to share their newfound knowledge within their communities.

The program concluded with a vote of thanks proposed by Mr. Ayman Basheer from 3rd year BBA, who acknowledged Mr. Sathyaraj's invaluable contribution and the support of all attendees. The program was attended by 156 students.

The event was successful in raising awareness and equipping participants with crucial disaster response skills.

The Internal Quality Assurance Cell (IQAC), in collaboration with the Department of Food Sciences and the Nutritionora Association, organized a poster-making competition on the occasion of National Nutrition Week. The event took place on 2 September 2024, at Seminar Hall 1.

The competition was centered on the theme “Nutritious Diet for Everyone”. Teams consisting of two participants, each were encouraged to create posters that effectively communicated the importance of a balanced and nutritious diet. Total of eighteen teams participated in the competition, demonstrating creativity and a deep understanding of the theme.

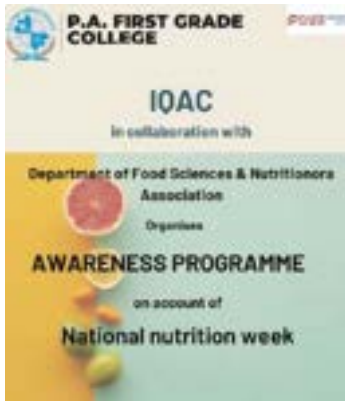
The first place was awarded to Ms. Fathimath Misbaha and Ms. Rifa Fathima from 2nd year B.Sc. (FND) for their outstanding poster. The second place was bagged by Ms. Ayshathul Rayeeza and Ms. Ayshath Muhaseena from 3rd year B.Sc. (FND). The Third place was secured by Ms. Aisha Zoha and Ms. Beebi Sumayya from 1st year B.Sc. (FND).

The competition was coordinated by Ms. Anfha Nishad, Asst. Professor, Department of Food Sciences. The posters were judged by Ms. Krithika and Ms. Ashalatha, Head (Incharge), Department of Food Sciences, who evaluated the entries based on creativity, relevance to the theme, and overall presentation.

The event was successful in encouraging students to engage with the theme of nutrition in an innovative and artistic manner. The competition not only highlighted the importance of a nutritious diet but also fostered teamwork and creative expression among the students.



Awareness Programme On Account Of National Nutrition Week



On 3 September 2024, as a part of National Nutrition Week, the Internal Quality Assurance Cell (IQAC), in collaboration with the Nutritionora association and the Department of Food Sciences, organized an awareness program. The program aimed to educate students about the importance of a nutritious diet, healthy lifestyle habits, and regular physical activity.

National Nutrition Week is observed from 1-7 September 2024, highlighting the importance of nutrition in maintaining overall health and preventing diseases. By dedicating a week to nutrition, it encouraged individuals to reflect on their eating habits and make healthier choices, potentially reducing the incidence of diet-related diseases like obesity, diabetes, and cardiovascular conditions.

Ms. Sana Mariyam Saji, Ms. Mezna Manal, Ms. Mazeena N.M, Ms. Khadija Sihana, Ms. Ayshathul Rayeeza, and Ms. Aysha Luthfa Naja from 3rd BSc (FND) demonstrated leadership and expertise in promoting nutrition awareness. They visited each classroom across various departments to raise awareness.

The awareness program was coordinated by Ms. Sreelakshmi.S, Assistant Professor, Department of Food Sciences.

Essay writing competition on the occasion of World Literacy Day

On the occasion of World Literacy Day, the IQAC and Literary Association of PA First Grade College jointly organized an essay writing competition on the theme "Literacy and Nation Building". The event was held at 10:20 am in SF 27 on 9 September 2024 and saw enthusiastic participation from 30 students representing different streams.

The competition aimed to encourage students to think critically about the role of literacy in nation-building and express their thoughts and ideas through effective writing. The essays were judged on content, coherence, and overall presentation.

The event was a resounding success, with students showcasing their writing skills and demonstrating their understanding of the theme.

The competition was expertly coordinated by Ms. Noorjahan Begum, Head - Dept. of Humanities and Social Sciences, and Mr. Lohith, Asst. Professor, Dept. of Humanities and Social Sciences. Additionally, Ms. Laveena and Ms. Sunitha, Asst. Professors, Dept. of HSS, provided invaluable support to ensure the smooth execution of the event.



World Suicide Prevention Day Programme



On 10 September 2024, the Internal Quality Assurance Cell (IQAC), in association with the Human Rights Association and National Service Scheme (NSS), observed World Suicide Prevention Day. The program aimed to educate students on suicide prevention. Ms. Kaneez Fathima, Teen-Parent Relationship Coach and Founder of Doer's Success, Mangaluru was the chief guest. The program was held at the E-Learning Centre.

The objective of the program was to empower students with knowledge and awareness to prevent suicide. Ms. Kaneez led an informative discussion on:

- Truths and myths surrounding suicide
- Warning signs of suicidal behavior
- Possible factors contributing to suicide, including examining various risk factors such as mental health, social, and environmental influences
- Creating a school wellness team for suicide prevention, discussing strategies for establishing a supportive network within the academic community



Over 200 students benefited from this program. The World Suicide Prevention Day celebration was a resounding success. Ms. Kaneez Fathima's expertise and insightful discussion provided valuable take away for the students. The program reinforced the importance of addressing mental health and promoting suicide prevention within the academic community.

The program was coordinated by Mr. Lohith V, Assistant Professor, Department of Humanities and Social Sciences, and Ms. Chaithra N V, Assistant Professor, Department of Commerce and Management.



Orientation Program of Business Analytics, Data Analytics and Artificial Intelligence



The Academic Orientation program for the 2024 batch of BA, DA, and AI students was held at the E-Learning Centre on 3 September 2024. The event was graced by the presence of esteemed resource persons, Dr. Sheetal Mahendher, Head, Academics-Analytics at ISDC Global, and Ms. Nandadevi K. V, Manager, Business Relationships, ISDC. Other dignitaries in attendance included Dr. Surfraz J. Hasim, Principal, Dr. G. Harikrishnan, Vice Principal, Ms. Vanishree Y, IQAC Coordinator, Ms. Janani, DA/AI Coordinator, and other esteemed faculty members.



The program commenced with a warm welcome by Ms. Hiba Mariyam from 1st year BBA, setting a positive and enthusiastic tone for the day. Followed by the welcome and guest introduction by Ms. Ziya Fathima from 1st year BCA. The Resource Person, Dr. Sheetal Mahendher captivated the audience with her insights on analytics, emphasizing the importance of this field in today's data-driven world. Ms. Nandadevi K. V reinforced Dr. Sheetal's points, sharing additional ideas and perspectives on how these opportunities would benefit the students. Dr. Surfraz J. Hasim, Principal addressed the gathering and stressed on the importance of acquiring professional qualification.



The event concluded with a vote of thanks delivered by Ms. Fouza Fathima from 1st year BCA.



On 6 September 2024, the IQAC, in collaboration with the Department of Food Sciences and the Nutritionora Association organized an inspiring food photography competition to commemorate National Nutrition Week. The event, held in the Food Preparation Lab, aimed to encourage students to showcase the importance of a “Healthy Lifestyle” through creative food photography.

A total of nine students participated, each demonstrating their unique approach to presenting nutritious meals. Under the coordination of Ms. Krithika, Assistant Professor, Department of Food Sciences, the event ran smoothly, fostering both excitement and learning among the participants.

Students were given two-hour window to conceptualize, arrange, and photograph their entries. The competition’s aim was to promote awareness about the value of a balanced diet, considering both nutritional and visual appeal. A panel of judges, Ms. Anfha and Ms. Saniya, Assistant Professors, Department of Food Sciences, They assessed the photographs based on creativity, technical skill, presentation, and how effectively they communicated the theme of a healthy lifestyle.

Ms. Beebi Sumayya from 1st year B.Sc (FND) emerged as the first-prize winner with her captivating depiction of a balanced meal, beautifully highlighting the importance of portion control and vibrant, fresh ingredients. The second prize was awarded to Ms. Aysha Thanseeha from 2nd year B.Sc (FND) for her creative and colourful arrangement of vegetables portraying the simplicity and appeal of wholesome eating.

The competition was a resounding success, providing a platform for students to display their creativity while reinforcing the importance of maintaining a healthy diet. The event left a lasting impact, inspiring students to continue thinking critically about the connection between food, nutrition, and aesthetics.



Pookkalam Competition



The Onam Pookkalam competition was held on 12 September 2024 at the Activity Centre. The event saw enthusiastic participation from students, who were divided into 13 teams representing their respective classes. Each team consisted of 5-8 members.



Students showcased their creativity and skill in designing intricate Pookkalam within the stipulated 2-hour time frame. The event featured a vibrant display of natural flowers and leaves, adhering to the traditional values of Onam.



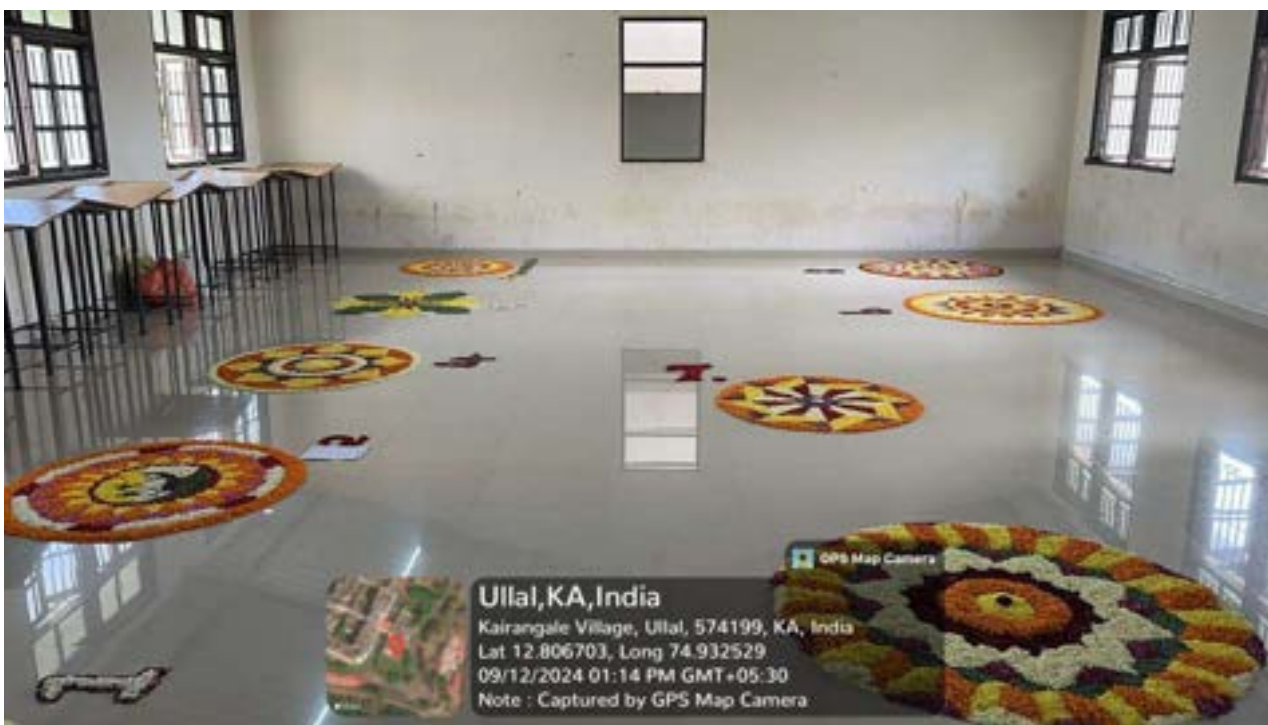
The competition was marked by innovative designs and exceptional creativity. The winners were:

First Prize: 1st BBA-B

Second Prize: 1st B.Com

Third Prize: 1st BCA

The Onam Pookkalam competition was a resounding success, with students displaying their artistic talents and embracing the spirit of Onam. The Fine Arts Association extended its gratitude to all participants and congratulated the winners on their achievements.



Teachers Day Celebration at PAFGC

On 5 September 2024, PA First Grade College celebrated Teachers' Day in the PACE Auditorium. The event honoured and appreciated the vital contributions of educators, both teaching and non-teaching staff.

The ceremony commenced with a heartfelt welcome speech by Mr. Mohammed Aiman Basheer from 3rd year BBA, setting a warm and respectful tone. Esteemed guests included Chief Guest, Ms. Geetha Kulkarni, ACP (CCRB), Mangaluru, and the Guest of Honour, Dr. Ruksana Hassan, Child Psychologist, Teachers' Trainer, and Life Coach.

Ms. Kulkarni emphasised teachers' role as architects of the future, shaping the lives of students and the community at large.

Dr. Ruksana Hassan's address highlighted the psychological and emotional impact of teaching, acknowledging the dedication required to nurture and guide students effectively.

The ceremony was further distinguished by the presence of Mr. Sharfudeen PK, AGM Campus, Dr. Sayyad Ameen Ahammad, Dean (SA) & Director (CMSR), Dr. Iqbal, Physical Director, and Ms. Shafinaz, Admission Officer, PAET. Their presence underscored the importance of the occasion and demonstrated the institutional commitment to honouring the contributions of the teaching staff.

The afternoon featured a series of inspiring speeches from various dignitaries and members of the faculty. Each speaker contributed to the theme of appreciation, reflecting on the significant impact that educators have on academic achievement and personal development. The ceremony included heartfelt acknowledgments of the hard work and dedication of the faculty members celebrating their roles in fostering both academic excellence and personal growth among students.

The teachers were organized into groups and participated in a variety of games. Prizes were awarded to the winners, adding a lively and competitive spirit to the celebration.

As the event drew to a close, vote of thanks was delivered, expressing gratitude to all who contributed to making the day special. The celebration concluded with the singing of the national anthem, bringing the event to a dignified and patriotic finish, reflecting the unity and respect shared by all present.

The Teachers' Day celebration at PA First Grade College was a resounding success, providing a meaningful tribute to the educators shaping students future.

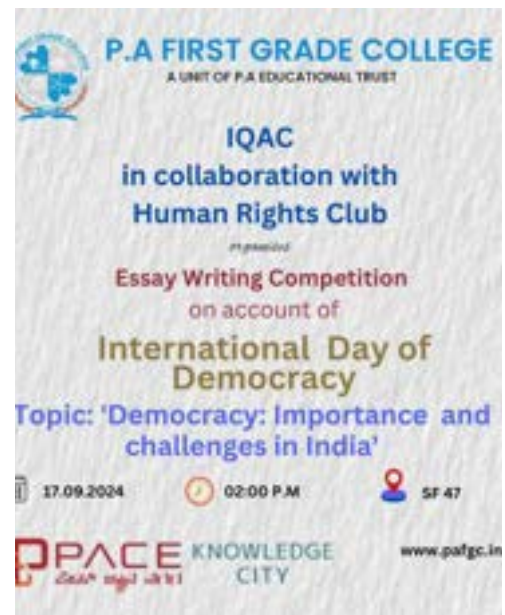


On account of International Day of Democracy, IQAC in collaboration with the Human Rights Association conducted an essay writing competition on the topic "Democracy: Importance and Challenges in India" on 17 September 2024 in SF 47.

The aim of the competition was to encourage young minds to think critically about the significance and challenges of democracy in India and to enhance understanding of the various challenges such as corruption, social inequality, and freedom of expression. The competition aimed to enhance participants writing abilities and encourage effective communication of ideas.

Around 16 students participated in the competition. The essay writing competition was a resounding success and fulfilled its objectives of raising awareness and promoting critical thinking.

The programme was coordinated by Mr. Lohith V, Assistant Professor, Department of Humanities and Social Sciences.



Participation in National Level Management Fest 2024

On 9 September 2024, students from P.A. First Grade College participated in E-Flames, the National Level Management Fest 2024, organized by CMSR-PACE.

The students began their day by attending the inaugural ceremony. Throughout the fest, our students actively participated in various events, showcasing their skills and talent.



Marketing Team: Cleared four rounds and secured the Second Position.

Human Resource Team: Cleared four rounds and secured the First Position.

Photography Competition: Student cleared three rounds and secured the First Position.

Reels Making Competition: Students cleared two rounds and secured the First Position.

The students' impressive performance demonstrated their exceptional skills and dedication.

NSS Activities Inauguration 2024-25



On 18 September 2024, P.A. First Grade College, in collaboration with the Internal Quality Assurance Cell (IQAC), inaugurated "NSS Activities: 2024-25" in the E- Learning Centre.

Dr. Sheshappa K, NSS Program Coordinator, Mangalore University, and Associate Professor, Government First Grade College, Mudipu graced the occasion as the Chief Guest. Dr. Sheshappa emphasized the opportunities NSS provides for students to engage in community service, building confidence, and developing valuable life skills.

The event also featured distinguished guests Dr. Sayyad Ameen Ahammad, Dean- Student Affairs and Director, CMSR, who shared his valuable experience in the National Service Scheme (NSS). Dr. G. Harikrishnan, Vice Principal, PAFGC, delivered a motivational presidential address to inspire NSS students.

Ms. Chaithra N.V. NSS Program Officer, outlined the NSS activities planned for the academic year 2024-25. The NSS students showcased their talents by presenting NSS songs.

Prominent attendees included Ms. Vanishree Y, IQAC Coordinator, Heads of various departments, Ms. Ithashree M. and Ms. Chaithra N.V., NSS Program Officers, PAFGC, and Members of NSS unit.

The program drew 140 NSS volunteers. The inauguration commenced with an invocation by Mr. Aboobacker Sahil from 1st year BBA. Ms. Huda from 1st year B.Com warmly welcomed the gathering, while Ms. Fouza Fathima from 1st year BCA extended the vote of thanks. Ms. Hiba Mariyam from 1st year BBA skillfully compered the program.

The NSS Activities Inauguration 2024-25 was a resounding success, providing students with valuable insights, motivation, and a sense of purpose in their involvement with the National Service Scheme.

Campus Recruitment by Q-Spiders



A successful placement drive was conducted by Q-Spiders at P.A. First Grade College Campus on 23 September 2024. The HR team, led by Ms. Chandana, visited the college to conduct the recruitment process.

The program commenced with a welcome speech by Ms. Sheetal Mohan, Communication Trainer, PAFGC. This was followed by an address by Ms. Chandana, HR Representative, Q-Spiders.

Dr. Harikrishnan, Vice Principal, PAFGC, and Mr. Mohammed Faizal, Head, CPOD, graced the occasion as distinguished panel members.

The placement drive consisted of Aptitude Test, Group Discussion, and Face-to-Face Interview.

A total of 55 students from BBA and B.Com participated in the drive. Out of these, 13 students were successfully selected for job opportunities.

The HR team presented offer letters to the selected candidates, congratulating them on their interest and selection. Ms. Vanishree, IQAC Coordinator, joined the offer letter distribution ceremony.

Mr. Mohammed Faizal, Head- CPOD concluded the drive by proposing the vote of thanks.



CONGRATULATIONS



Inauguration of Public Speaking Club

PA First Grade College launched its Public Speaking Club (PSC) on 25 September 2024, in the Multi-Purpose Hall. The club aims to nurture effective communication skills among students.

The inaugural program commenced with a prayer by Mr. Shaukath from 1st year B.Com. Ms. Thasmiya from 1st year B.Sc (FND) extended a warm welcome to the dignitaries and attendees.



Dr. Alwyn Vincent D'Sa, Registrar, St. Aloysius College (Autonomous), Mangalore, graced the occasion as the Chief Guest. He emphasized the significance of public speaking, introducing the "ASK" theory - Attitude, Skill, and Knowledge.



Dignitaries included Dr. Surfaz J. Hasim, Principal, Dr. G. Harikrishnan, Vice-Principal, Mr. Mohammed Faizal, Head - CPOD, Ms. Vanishree, IQAC Coordinator, Ms Sheethal, Communication Trainer, CPOD, and PSC Coordinators. Dr. Surfaz J. Hashim, Principal delivered presidential address and stressed the importance of public speaking in shaping students' personalities and careers. He encouraged students to actively participate in PSC activities.



Mr. Mohammed Faizal, Head- CPOD highlighted the industry's expectations from graduates, emphasizing the crucial role of effective communication skills in professional success. PSC Coordinator Ms Muneera outlined the annual plan, featuring Debates, Extempore speeches, Storytelling sessions, and Inter-college competitions. Students expressed enthusiasm and expectations for the club's activities.

Programme ended with the vote of thanks proposed by Ms Shazima from 1st year B.Com and skillfully moderated by Ms Hiba Maryam from 1st year BBA.

With this initiative, PA First Grade College reaffirms its commitment to holistic development, empowering students with essential skills for success.

This inauguration marks the beginning of a promising journey for PA First Grade College's Public Speaking Club.



On 21 September 2024, a group of 49 students from PAFGC, accompanied by three faculty members Ms. Krithika, Assistant Professor, Department of Food Sciences, Mr. Mohammed Sali Asham, Assistant Professor, Department of Commerce and Management, and Ms. Sheethal, Communication Trainer, CPOD attended the BNI Expo at TMA Pai Convention Centre, Mangalore. The event, organized by Business Networking International (BNI), brought together entrepreneurs and business owners from diverse industries, providing a platform for networking and business development. The students were warmly welcomed by Ms. Sapna, who gave a brief introduction to BNI and its operations. Throughout the day, the students explored various stalls showcasing unique and innovative products and services. Some of the noteworthy stalls included Michelle Dion Lee, which specialized in handmade designer handbags, and Thousand Lights, offering energy-efficient lighting solutions. The students were particularly impressed by the entrepreneurial stories shared, including that of Ms. Michelle, who focused on creating functional and affordable designer bags, and Mr. Vivekanand Nayak, who highlighted the long-term benefits of energy- saving fans.

In addition to these, other stalls such as The Tile Wholesales, Our Balcony Garden, and Siloam Pools and Water Solutions stood out for their unique business models and customer-centric approaches. Entrepreneurs at these stalls shared their experiences and emphasized the importance of innovation and customer satisfaction. The students gained valuable insights into the challenges and strategies involved in starting and sustaining a business, particularly in niche markets.

The BNI Expo was a valuable learning experience for the students, offering them exposure to real- world entrepreneurial practices and the opportunity to engage with seasoned professionals. By networking with BNI members and exploring diverse business ideas, the students returned with enhanced knowledge about business strategies, marketing, and the importance of building strong customer relationships. The group concluded their visit, enriched by the experience and eager to apply their learnings in future endeavors.

BLS Hands-On Training Program



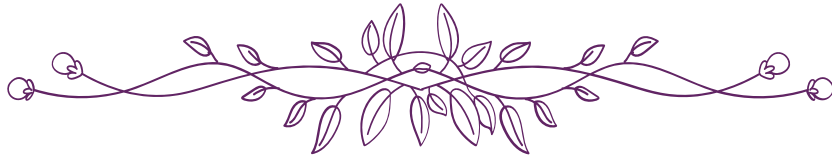
On 28 September 2024, the Internal Quality Assurance Cell (IQAC), in collaboration with NSS, YRC, and Yenepoya Ayurveda Medical College & Hospital, Mangalore, organized a Basic Life Support (BLS) Hands-On Training Program in the Multipurpose Hall to observe World Health Day. The event also aligned with World Heart Day, highlighting the theme "Use Heart for Action," emphasizing the importance of heart health and timely intervention. The Resource person, Dr. Krishna Kumar V., Professor & Head- Department of Kriya Sharira, Yenepoya Ayurveda Medical College, led an engaging session. He gave a detailed demonstration of CPR (Cardiopulmonary Resuscitation), explaining the CAB (Circulation, Airway, Breathing) technique. His message focused on the importance of early recognition of cardiac issues, immediate chest compressions, and ensuring timely action during emergencies.

"Take the right action quickly and confidently at the right time to save a life," Dr. Krishna Kumar urged. He also highlighted that using both the brain for function and the heart for action is crucial in responding to emergencies, emphasizing preparedness in every situation.

The event was attended by Dr. G. Harikrishnan, Vice Principal, who praised the initiative for empowering participants with essential life-saving skills. Ms. Vanishree Y, IQAC Coordinator, NSS officers Ms. Chaithra N.V. and Ms. Ithashree M, heads of various departments and faculty members were present.

The program was anchored by Ms. Safwa Nisar from 2nd year BCA, with a prayer led by Mr. Mohammed Ashique from 2nd year BBA. Ms. Hiya Ashique from 2nd year B.Sc (FND) welcomed the gathering, while Ms. Haifa Mariyamma from 2nd year B.Sc (FND) proposed the Vote of Thanks.

This hands-on training program successfully equipped participants with crucial skills, ensuring they are prepared to act swiftly and confidently in emergencies, with the potential to save lives.



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For further details please visit our website: www.pafgc.in

For correspondence, email: principal@pafgc.in

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P. A. First Grade College
PACE Knowledge City
Nadupadav, Montepadav Post, Kairangala, Near Mangalore University
Mangaluru-574153
Karnataka, INDIA.
Contact: 0824-2284701/02/03

