



VOL 1/ ISSUE 2/ (JAN 2022- MARCH 2022)

# COGNIZANCE

The Quarterly Newsletter by P.A.F.G.C.



## THE FIRST QUARTERLY E- NEWSLETTER RELEASE

The Literary Association at P. A. First Grade College released its first quarterly E-Newsletter "COGNIZANCE", chronicling the events of the college from September to December 2021, at Multipurpose Hall, on 29 January 2022. Prof. Abdul Rahiman, Former Vice- Chancellor, Kannur and Calicut University, and Advisor, P.A.E.T., Group of Institutions, released the newsletter and amplified both the students as well as the faculty members about the importance of reading and exhorted the gathering to develop inquisitive attitude towards acquiring knowledge. Dr. Surfray J. Hasim acknowledged the attempt of the Editorial team in bringing out the quarterly newsletter. Dr. Ramis M.K., Principal, PACE, Dr. Sayyad Ameen, Director, MBA- Centre for Management Studies and Research, Heads of various department, faculty members and students were present on the occasion. Ms. Gopika P.P., Asst. Professor, Dept. of English, welcomed the gathering and Ms. Afna Ii FND proposed the vote of thanks. Ms. Ayisha Fahima, II FND hosted the programme.

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# FROM THE PRINCIPAL'S DESK....



**“Success consists of going from failure to failure without loss of enthusiasm.” – Winston Churchill**

Success comes to those who work hard and it stays with those who don't rest with past laurels. We at PAFGC train our students to overcome the challenges they are likely to face in future by making them to work hard and be mentally & emotionally strong enough to be future ready. PAFGC is an amalgamation of competent teachers, an efficient and experienced management, safe and supportive environment for its students to provide a perfect balance of academics, co-curricular and extra-curricular activities.

We are concerned about ensuring emotional growth of our students with intellectual excellence. Our focus on discipline, values and integrity has a vital role in one's personal transformation.

I am happy to mention that we have come up with a 2nd issue of our quarterly E-newsletter COGNIZANCE for the period: January to March 2022 in which the various activities conducted by various associations are highlighted. I really appreciate the involvement of staff and students in organizing the events and thank the Chairman & Managing Trustee of P.A. Educational Trust (Regd.) Mr. Abdulla Ibrahim for the guidance and encouragement.

I acknowledge the contributions of the editorial team for their beautiful compilation of the E-newsletter and my best wishes to all the readers of this E-newsletter.

**Dr. Surfraz J. Hasim**  
Principal

# MESSAGE FROM THE EDITOR'S DESK

At the outset, I deem it a privilege to be the Newsletter Editor and be a part in launching the second issue of P.A.F.G.C E-Newsletter "COGNIZANCE." My gratitude to the editorial board members for their efforts and cooperation. The Quarterly Newsletter (Jan -March 2022) focuses on bringing the academic activities of all the departments, committees and the college to the forefront.

**Ms. Sharvana**  
Editor



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Ms. Mariyam Afna (II FND)  
Mr. Mohammad Ashiq (I BBA)  
Ms. Fathima Heba (II FND)  
Ms. Fathimath Faheema (II FND)

# SIXTH SENSE TECHNOLOGY; A CONCEPT V/S REALITY

Information Technology Association at P.A. First Grade College conducted an invited talk on "Sixth Sense Technology: a Concept v/s Reality" by Mr. P. Sridhara Acharya, Associate Professor, Department of Computer Application, Institute of Computer Science and Information Science, Srinivas University, Mangaluru, for the students of BCA, on 17 March 2022, at Multipurpose Hall. Ms.Fathima L, I BCA, welcomed the gathering and Ms.Mariyam Swaliha, II BCA introduced the Resource Person to the gathering.

P. Sridhara Acharya, acquainted the students to Artificial Intelligence, and augmented reality and Virtual Reality with real world examples. He insisted students to develop critical thinking skills to get recognized in this booming Information Technology. He elucidated the concept, components and applications of Sixth Sense technology.

Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., in his presidential address, encouraged the students to be passionate enough to create their niche in the IT sector, as Information Technology is the buzz word today and there is no dearth of jobs and opportunities. He then felicitated P. Sridhara Acharya, with a memento as a token of appreciation. Ms. Chaitra, HoD of Computer Application, and other faculty members were also present. Ms. Mariyam Swaliha, II BCA, was the Master of Ceremony and Ms. Shamlam, II BCA, proposed the vote of thanks.





# AN INVITED TALK ON LEGAL RIGHTS FOR WOMEN

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Internal Complaints Committee at P.A. First Grade College, in association with Internal Quality Assurance Cell organized an invited talk on 'Legal Rights for Women' for the female students of the college on 3 March 2022. Advocate Aruna B. P., a renowned advocate from Mangalore was the resource person.

The program started with a prayer seeking the blessings of almighty. Ms. Vanishree Y, Chairperson, ICC, welcomed and introduced the resource person to the gathering. The resource person elucidated the students, the constitutional rights of women with regard to matrimony, domestic violence, claim of maintenance in case of divorce, and women's right under Labour Laws. She also broached on the subject of Sexual Harassment at work place, dowry harassment, rape, etc., and the constitutional rights of women against these cases. She also gave an insight on the POCSO Act, Right to Zero FIR, filing an RTI application under Right to Information Act and explicated the benefits of National Commission for Women.

The program was presided over by Dr. Surfraz J. Hasim, Principal, P.A.F.G.C. The members of ICC, HoDs of various departments and other faculty members were also present. Ms. Zainab Rida, III FT was the Master of Ceremony and Ms. Fathimath Mashmoona, I BBA, proposed the vote of thanks.



# ‘FOOD IS MEDICINE: WE ARE WHAT WE EAT’

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The Department of Food Nutrition & Dietetics, and Food Technology at P.A. First Grade College, organized an invited talk on “Food is Medicine: We are what we Eat” for the students of FT & FND, on 16 March 2022, at E-Learning Centre. Dr. Adarsha Gowda, Assistant Professor & Head, Department of Food Science, Loyola Center for Research and Innovation, St Aloysius College (Autonomous) Mangalore, was the Resource Person. Ms. Amina Farha, III FND, welcomed the gathering and Ms. Ayshathul Afna, II FND, introduced the Resource Person. The session accentuated food as medicine and the significance of diet in maintaining health and preventing diseases. The Resource Person exemplified the importance of traditional methods of food habits and how it seemed to fade as modern medicine and technologies developed. He also articulated the reality of shifting from natural remedies and relying on a diet of processed, fatty and sugar-laden food, increasing the rate of diseases significantly. He then deliberated on the need to encourage good eating habits to create a solid foundation for good health.

Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., in his presidential address, lauded the Resource Person and felicitated him with a token of appreciation. Ms. Murial Misquith, HoD- Science, Ms. Spoorthi V.S., Program Coordinator, and faculty members were also present. Ms. Fathima Reenaz, III FT, proposed the vote of thanks, and Ms. Lakshmipriya, III FT, was the Master of Ceremony.

# VALUE ADDITION TO AGRICULTURAL FOODS AND ENTREPRENEURSHIP OPPORTUNITIES IN MICRO FOOD PROCESSING



Department of Food Technology, Food Nutrition and Dietetics in association with Science Association, conducted an invited talk on "Value Addition to Agricultural Foods and Entrepreneurship Opportunities in Micro Food Processing" by Dr. Ahmed Abdul Fazal, Food Scientist and Retired Professor at University of Agricultural Sciences, Bengaluru, on 08 February, 2022. The program started with a prayer invoking blessings of the almighty. Dr. Ahmed Abdul Fazal, asserted that the food industry was the only industry that would withstand the pandemic situation. India has improved a lot in its food sectors prior to what it was and has been providing a lot number of opportunities for its youth to begin with their own innovative ideas. He has developed technology to replace the old method of drying fish. He insisted on thinking beyond imagination and work on the abilities and invest more on developing a better India.

Dr. Surfraz J. Hasim, Principal, P. A. First Grade College, in his Presidential address, encouraged the students to invest on their ideas in order to develop new techniques in food industry that would contribute to the nation. He then felicitated Dr. Ahmed Abdul Fazal, with a token of appreciation. Ms. Murial M. Misquith, HoD of Science, Ms. Delcy D'Souza, Asst. Professor, Dept of FT & FND, and other faculty members were present. Ms. Ashika Masum, III FND, was the Master of Ceremony. Ms. Khadeejath Munaza, II FT, welcomed the gathering. Ms. Aleema Nabeela, II FND, introduced the Resource Person to the audience. Ms. Razmeen, III FND proposed the vote of thanks.

## ISDC TEAM MEETS THE STUDENTS OF USCMA, BA AND DA

The ISDC team visited P.A.F.G.C., with Manager, Ms. Nanda Krishna Murthy and Senior Manager, Corporate Relations and Placement, Mr. Hadrine H. Pereira, on 23 March 2022, at 10:00 AM. The team addressed the USCMA, BA and DA students.

Ms. Nanda Krishna Murthy delivered the introductory message and Mr. Hadrine H. Pereira, enlightened the students about the skills for tomorrow. During the interaction, he illuminated the students to develop the skills required for future, and to have access to newspapers on daily basis. He also motivated the students to enhance knowledge and language. He influenced the students to come forward and present themselves and persuaded them to practice to speak confidently. The team directed the college to provide platform for the students to enhance their presentation skills. During the visit, Dr. Surfraz J. Hasim, Principal, Ms. Preethi Pereira, HoD, Commerce & Management, Coordinators of CMA, BA, DA- Ms. Deepti Udyavar, Ms. Chaithanya, Ms. Ayshathul Bashariya, were present.



# JOURNEY FROM CAMPUS TO CORPORATE

Commerce and Management Association of P. A. First Grade College organised an invited HR talk on Journey from Campus to Corporate on 27 January 2022, from 10.00 AM to 1:00 PM at Multi Purpose Hall. Mr. Sachin A.C., renowned HR Professional and Consultant was the resource person. He addressed the final year students with words of approaches for futuristic plans, career guidance and job opportunities and also apprised the students with concepts of disciplined corporate entry. He enlightened the students with basic personality skills one should have to stand out in interviews and gave students ample ideas about criterias for selection of a dream company which would help for career building.

Mr. Mohammed Muhasin O.K., III-yr BBA, tendered the words of welcome to the gathering and Mr. Ajmal Mohammed Ameen introduced the resource person.

Dr. Surfraz J. Hasim, Principal, P. A. First Grade College, addressed the students and shared his words of wisdom. Dr. Sayyed Ameen, Dean ( Student Affairs) P.A. Educational Trust institutions, Ms. Preethi Flavia Pereira, Head- Department of Commerce, Ms. Deepthi Udyavar, SWO , Ms. Chaithanya, Faculty Coordinator of Commerce and Management Association , and faculty members were present . Ms. Nini Narayanan, III-yr BBA was the master of ceremony and Mr. Muhammed Faris Hamsa , III-yr BBA., proposed the vote of thanks.



## OUTCOME BASED EDUCATION SYSTEM & BTL

An invited talk on “Outcome Based Education System & BTL” was held at P.A.First Grade College for all the teaching staff, on 4 Jan 2022. Dr Krishnaprasad N, Prof & Head, Dept. of Biotechnology, P.A. College of Engineering was the resource person. Dr Krishnaprasad stressed on the importance of ASK (Attitude, Skill, & Knowledge), Blooms Taxonomy Levels, and its importance in assessment. Dr. Surfraz J.Hasim, Principal, P.A.F.G.C., welcomed the gathering & Ms. Murial Misquith, Head, Dept. of FT & FND proposed the vote of thanks.



# OBSERVATION OF NATIONAL VOTERS' DAY

To mark the foundation day of the Election Commission of India, National Voter's Day is celebrated in India on 25th January every year. The NSS Unit at P.A. First Grade College organised an online program and pledge taking ceremony on 25 January 2022 at 3:00 PM at Google Meet Platform.

Principal, Dr. Surfraz J. Hasim, addressed the students about the relevance and importance of celebrating Voters day and encouraged them to participate in the electoral process. He urged the young voters to take part in the political affairs through their vote to make the democracy effective. NSS Program officer, Mr. Muhammed Musthafa, highlighted the importance of Right to Vote as an important Fundamental Right. He said One Person, One Vote is a fundamental right and one must completely use it because it is our vote which is going to make a lot of difference. He urged the students not to get influenced by a candidate's caste, creed, race, religion, gender, etc. and encouraged them to exercise their right to vote. He then threw light on how voting creates a change in the country.

NSS volunteer, Mr. Abdul Basith, administered the voters' pledge. All staff members and students pledged to uphold the democratic traditions of the country and the dignity of free, fair and peaceful elections. Ms. Ayshath Hanuna, II B.Com., welcomed the participants. Mr. Shahid, proposed the vote of thanks. The program was hosted by Ms. Aleema Nabeela, II FND.



## MEETING WITH CR's

A meeting of all Class Representatives of P.A.F.G.C., was held at SF06 on 7 Feb 2022 at 2.30pm. Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., addressed the students and highlighted the importance of leadership skills and advised the CR's to inculcate discipline in all aspects. The upcoming calendar of events were discussed which included II Internal Assessment schedule, Blood Donation camp (Red Cross unit), Sports Day, Awareness program on MSME for upcoming food entrepreneurs, Environmental Cell activities, etc. IQAC Coordinator Ms. Sharvana & Red Cross coordinator Mr. Hamad Basheer were also present.





# GRADUATION DAY



P. A. First Grade College celebrated the graduation ceremony for the batch of 2018 at PACE Auditorium, on 26 February 2022. Mr. Atheeq L.K., Principal Secretary, Rural Development and Panchayat Raj Dept., Government of Karnataka, was the Chief Guest. Mr. P. A. Zubair Ibrahim, Trustee, P.A.E.T. Group of Institutions, was the Guest of Honour. The celebrations started with the academic procession to the venue and the dignitaries adorned the dais. Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., welcomed the gathering. The event was presided over by Mr. Abdulla Ibrahim, Chairman and Managing Trustee, P.A.E Educational Trust (Regd.)

The Chief Guest, Mr. Atheeq L.K., addressing the graduands, emphasized that the only road to success was hard work and the only thing that matters in life was the self-assurance. Mr. P. A. Zubair Ibrahim, the Guest of Honour, urged the students to work with credibility. Mr. Abdulla Ibrahim, congratulated the institution, the Heads and the faculty members for producing such vibrant batch of students.

Dr. Sayyed Ameen, Dean (Student Affairs) announced the names of the best outgoing students and the academic achievers.

Prof. K.P. Soofie, Principal, PAPT, administered the oath to the graduates to use their degrees and knowledge for the betterment of the humanity. The Vote of Thanks was proposed by Dr. Saleemullah Khan, Principal, PACP. Mr. K. Ahamed Kutty, Director (Finance), Mr. Sharfuddeen P.K., AGM, Heads of various departments were present on the dais. Ms. Annet D'Souza, Asst. Professor, Dept. Of Commerce, compered the programme. The event culminated with the National Anthem, and Photo Session, and the academic procession proceeded back to the robing room. The graduation Ceremony concluded with a glee that is sure to inspire the students to accomplish greater heights.

# FACULTY DEVELOPMENT PROGRAMME

Internal Quality Assurance Cell at P. A. First Grade College, organised Faculty Development Programme on 15 February 2022, at the Multipurpose Hall on 'Challenges in teaching & Students Formation'. Dr. Chandrashekhar Shetty T, Head, Post Graduate Department of Physics, St. Aloysius College was the Resource Person. The session included varied topics in the domain of teaching and provided an insight on the various roles, responsibilities, commitments and challenges associated, which a teacher has to overcome. He stated that Politeness, Patience, Perseverance and Assertiveness are all hallmarks of a great teacher and that teachers should rise up to these challenges, take them in their stride to make a difference and bring about a change in the society as a whole by individual growth as well as by student formation. Dr. Surfraz J. Hasim, Principal, Ms. Sharvana, IQAC Coordinator, Ms. Vanishree Y., NAAC Coordinator, HoD's, Faculty members were present. Ms. Chaithra, Head, Department of Computer Applications, welcomed and introduced the resource person to the gathering and Ms. Deepthi Udyavar, SWO, proposed the vote of thanks.



## MOU SIGNED- PAFGC AND CPCRI, KASARAGOD

MoU was signed between P. A. First Grade College and ICAR- Central Plantation Crops Research Institute, Kudlu, Kasaragod, Kerala on 24 February 2022. It was signed in the presence of Ms. Anitha Karun, Director (Acting), ICAR- CPCRI Kasaragod, Dr. Chandran K. P, Principal Scientist & Nodal Officer, HRD ICAR-CPCRI Kasaragod, Mr. Arunji G, Technical Assistant (Library), ICAR-CPCRI Kasaragod, Ms. Ibthisaan Banu, Asst. Professor, and Ms. Zainaba Nousheen, Asst. Professor, P.A.F.G.C.



## NUIZENS - LOGO RELEASE



The final year batches of P.A.F.G.C., released their logo "NUIZENS - One for all, all for one" on 25 February 2022. Ms. Esha P., III BBA, welcomed the gathering. Mr. K. Ahmed Kutty, Director (Finance), P.A.E.T. Group of Institutions, unveiled the logo. Dr. Surfraz J. Hasim, Principal P.A.F.G.C., addressed the students and admonished them to not let a setback pull them down too low, but rather, to take it for what it is, and to create a plan to move forward by beginning to execute that plan. Dr. Rameez M. K, Principal, P. A. College of Engineering, Mr. Sharfudeen, AGM, HoDs of various departments and other faculty members were present during the event. The program concluded with the words of gratitude by Ms. Fahida, III BBA.

# CULTURAL DAY CELEBRATION



P.A. First Grade College celebrated Cultural Day on 28 February 2022, in the college auditorium in a befitting manner. The program started with a prayer invoking blessings of the almighty. Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., presided over the function and persuaded the students to explore their adroitness and emboldened them to take part in all the impending events. Dr. U.T. Ifthikar Ali, Physiotherapist and Syndicate Member of the Rajiv Gandhi University of Health Sciences, embellished the celebration with his valuable presence. The programme bestowed students with not only the cultural exposure, but also the essence of dynamic team work, leadership qualities, coordination, and organisational skills to face the real life challenges ahead of them.

Mr. Sharfudeen P.K, AGM, P.A.E.T. Group of Institutions, Dr. Sajeesh Regunathan, Principal, P.A. Institute of Physiotherapy, Ms. Shafinaz, Admission Officer, Mr. Iqbal, Campus Manager, heads of various department were present on this occasion. Ms. Ashika Masum, III FND, was the Master of Ceremony. Ms. Ibthisaan Banu, Assistant Professor, Department of Science, proposed the vote of thanks.



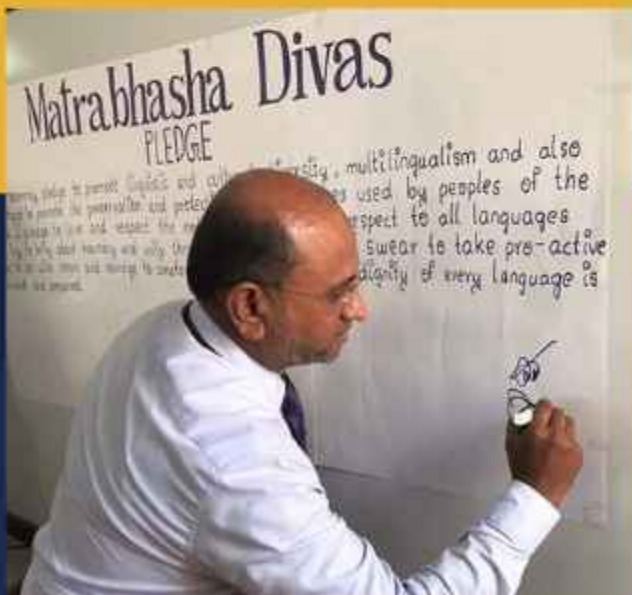


## MATRIBHASHA DIWAS

Literary Association at P. A. First Grade College celebrated Matribhasha Diwas on 21 February 2022, at E-Learning Centre, to promote linguistic, multilingualistic, and cultural diversity. Dr. Ramis, M.K., Principal, PACE, was the Chief Guest. Addressing the gathering, he asserted the importance and the need to not only learn many languages, but also to give respect and be proud of the mother tongue.

Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., presided over the function and highlighted the importance of celebrating the International Mother Language Day.

The celebrations focused upon recognising the value of the mother tongue. Students extolled the beauty of matrabhasha through eloquent programmes like group song, skit, cultural show, outlining the culture, language and lifestyle across the world. To commemorate this wonderful occasion, the pledge was administered by the student coordinators of the Literary Association and the signature of all were put on the displayed banner to pledge their solidarity to love and respect their mother tongue. Dr. Sayyad Ameen, Director, CMSR, Ms. Sharvana, IQAC Coordinator, HoD's, Faculty members were present. Ms. Ayisha Faheema, II FND, welcomed the gathering and Mr. Mohammad Aman, II FT, proposed the vote of thanks. Ms. Hana Mariyam, II FND, hosted the programme.



**IF YOU TALK TO A MAN IN  
A LANGUAGE HE  
UNDERSTANDS, THAT  
GOES TO HIS HEAD.  
IF YOU TALK TO HIM IN HIS  
LANGUAGE, THAT GOES  
TO HIS HEART.**

# AAA VISIT



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The Administrative and Academic Audit (AAA) committee consisting of Dr. M. Abdul Rahiman, Advisor, P.A.E.T., Group of Institutions, Dr. Chandrashekhar, Former Director- IQAC, Mangalore University, Dr. Mohammed Gulzar, Principal, Yenepoya Pharmacy College and Research Centre, Dr. Sriranga Bhat, IQAC Coordinator, St. Joseph Engineering College, Prof. Naveen P. Mascarenhas, St. Aloysius College(Autonomous), visited all the departments of P.A.E.T. Group of Institutions, on 11 and 12 February 2022. The Principal's of all the institution presented the performance of their respective institution, and the members of the AAA Committee interacted with them to assess the academic and administrative performance of the college. Members of the Committee discussed the procedural issues and began their exercise as per the programme schedule prepared. The Committee visited all the teaching departments, support services, administrative sections and other infrastructural facilities and interacted with all the concerned to know the academic and administrative performance. The Committee completed all the stages of inspection and interactions and the AAA report covering the summarized observations and recommendations was presented by Dr. M. Abdul Rahiman, Advisor, P.A.E.T., Group of Institutions on, 08 March 2022, at E-Learning Centre.

## YOGA CLASSES



**ENCOURAGING THE STUDENTS TO PRACTICE YOGA AND TO DO MEDITATION, AS IT WILL HELP THEM COMBAT WITH DIFFERENT TYPES OF STRESS, AND HELP THEM IN BEING DISCIPLINED AND PHYSICALLY FIT.**

## VALUE BASED EDUCATION

**TRAINING THE STUDENTS TO FACE THE OUTER WORLD WITH THE RIGHT ATTITUDE AND VALUES, BY CONDUCTING VALUE EDUCATION CLASSES**



Dakshina Kannada, Karna  
RW4J+PV9, Kairangala Villa

# OUTREACH PROGRAMMES

## SRI RAMAKRSHNA AIDED HIGH SCHOOL, HAREKALA, ON 14 FEB 2022.

P.A.F.G.C., in association with Mangalore University, Public Education Dept- DK, Educational Resources Centre, Mangaluru, organised a program on "SCIENTIFIC STUDYING TECHNIQUES" by Dr. Surfraz J. Hasim, Principal, P.A.F.G.C., at Sri Ramakrishna Aided High School, Harekala, on 14 Feb 2022.



## MOTIVATIONAL AND CAREER GUIDANCE PROGRAM AT BYNDOOR

As an outreach initiative, P. A First Grade College in association with Namma Nada Okkooota, Byndoor conducted a Session on Explore Your Mind - A motivational & personality transformation session and career guidance session on 30 Jan 2022. Dr Surfraz J Hasim, Principal- PAFGC & Dr. Sayyad Ameen, Dean (Student Affairs), PAET were the resource persons. 200 students participated in the event.





# SESSIONS ON MIND MAPPING – DR. SURFRAZ J. HASIM



Session on Mind Mapping for final year BBA students held on 5 Jan 2022



A session on “EXPLORE YOUR MIND” for the members of Bearys Chamber of Commerce & Industry held on 10 Jan 2022, at Ocean Pearl, Mangaluru.



Dr. Surfraz J. Hasim, Principal, PAFGC was invited as the resource person for the one day training program on “WORK LIFE BALANCE – using Mind Mapping & Hypnosis”, organised by Sajjana Prathistana (Regd.) at Bengaluru on 5 March 2022



Mind Mapping Programme for the students of Centre For Management Studies & Research (MBA), PACE on 01 Feb 2022





# MEMORIES

