

COGNIZANCE

The Quarterly Newsletter by P.A.F.G.C



From the Editor's Desk

PAFGC, an emerging wing of PAET is functioning with the aim of providing value based quality education to the young minds. Our philosophy of education is always been meeting the needs of students and simultaneously preparing the young minds for the global market.

We, educators being facilitators put forward a distinctive blend of offerings in the area of knowledge and enterprise by encouraging them to participate in the various competitions. This issue is a compilation of the immense effort put forward by us and a specimen of our creativity. It tries to bind together each and every aspect of PAFGC family.

Happy reading.

Ms Muneera A
Associate Editor

THIS ISSUE

- AWARENESS PROGRAMS
- INDUSTRIAL VISITS
- OUTREACH PROGRAMS
- INTRA-COLLEGIATE FEST
- ANNUAL DAY
- CULTURAL FEST

An Awareness Program on "International Day of Mine and Assistance in Mine Action"



'Greenaura'- Environmental Cell conducted an awareness program on 4 April 2023 on account of International Day of Mine awareness and Assistance in Mine Action at PAFGC premises, with the aim of creating awareness about the dangers of explosive mines and generating support for the efforts aimed at eliminating them.

The significance of the day is the establishment of an accountability framework and introduction of the theory of change in the action program and the day also helps the peacekeepers to spread awareness among ordinary citizens against mines and educate the one's living in dangerous environment on how to survive fearlessly.

Staff Coordinators - Ms Najla Mariyam, Assistant Professor, Department of HSS and Ms Rosey, Assistant Professor, Department of FT& FND coordinated the awareness program. Ms Nuzha M H, Student Coordinator from I year BCA introduced the topic in each and every class and Ms Suvidha from III year BCA created awareness about landmines and progress toward their eradication. Around 16 students involved in creating awareness. Dr Surfraz J Hasim, Principal- PAFGC, Mr Mohammad Faizal N, Head- CPOD, Ms Deepthi Udyavar, Head- Commerce and Management and Ms Vanishree Y, IQAC Coordinator initiated the awareness program by addressing the issues.

Inauguration of Yen – Homeopathy Clinic



On 4 April 2023, P.A First Grade College in collaboration with Yenepoya Homeopathic Medical College and Hospital in association with IQAC, NSS, YRC and Nutritionora inaugurated Homoeopathy Clinic and conducted an awareness program on “Know yourself before consulting clinic”.

Dr. Shiva Prasad. K, Principal, Yenepoya Homeopathic Medical College and Hospital, Mangalore was the chief guest. Dr. Vijayendra V Itagi, Vice Principal, Yenepoya Homeopathic Medical College and Hospital, Mangalore and Mr. Sharfuddin P.K, AGM (Campus) were the guests of honour. Dr. Ramis M.K, Principal, P.A College of Engineering, Dr. Saleemulla Khan, Principal, P.A. College of Pharmacy, Dr. Sajeesh Reghunathan, Principal, P.A college of Physiotherapy, Prof. K.P Soofie, Principal, P.A Polytechnic and Dr. Sayyad Ameen Ahammad, Dean – Student Affairs and Director - Centre for Management Studies and Research, PAET were the distinguished guests. Dr. Surfraz J Hasim, Principal, P.A.F.G.C, Ms. Vanishree Y, IQAC coordinator, Ms. Delcy D' Souza, Head- Department of FT & FND were also present on the occasion.

Dr. Shivaprasad K in his inaugural address propounded the principles of homeopathy & homeopathic treatments. Dr. Vijayendra V Itagi addressed the gathering and spoke about different types of treatment given to the patients.

Dr. Surfraz J Hasim presided over the program. Mr. Sharafuddin PK, AGM(Campus), PAET felicitated Dr. Shivaprasad K & Dr. Vijayendra V Itagi was felicitated by Dr. Sayyed Ameen. The program began invoking the blessing of Almighty by Mr. Ahmed Irfad from I year BCA at E-Learning Centre. Ms. Hala Iqbal from III year B.Sc (FT) welcomed the gathering while Ms. Khadeejath Munaza from III year B.Sc (FND) proposed the vote of thanks. Ms. Aleema Nabeela from III year B.Sc (FND) hosted the event.

The clinic was jointly inaugurated by Dr. Shivaprasad K and Mr. Sharafuddin P K. Treatment was given to around 55 patients. Ms. Rosey and Ms. Sruthi C. K, Asst. Professors, Department of FT & FND were the coordinators of the program.

Principal as the Chief Guest at Madhura International School



Dr Surfraz J Hasim, Principal, P.A. First Grade College, delivered a talk on "Importance of Education" for the parents at Madhura International School, Menala, Eshwaramangala on Saturday, 8th April 2023.

Principal's Visit to Community Centre, Puttur



Dr Surfraz J Hasim, Principal, P.A. First Grade College visited Community Centre, Puttur on 8th April 2023 and appreciated the efforts of the dedicated team in serving the student community.

Mr. Haneef explained about the various activities of the centre and the system that is followed in the community centre for the upliftment of the students community. The centre guides the students in goal setting and assists in all possible ways to ensure that their goals are realised.

Many students were benefited through community centre to obtain scholarships and the centre ensures that no student who has a clear goal will be deprived from getting admission to the course that students desire. The interesting aspect here is the regular follow up by the mentors and every beneficiary shall monitor their juniors and the service continues.

Elocution Competition by Women Cell



Women Cell of PAFGC had conducted an Elocution Competition on account of 'National Safe Motherhood Day' on 11 April 2023, with the aim of enhancing speaking capability in students. 'Working Mother' was the topic given to the participants. 23 students participated in the competition.

Mock Interview Drive at PAFGC



IQAC, Training & Placement Cell of PAFGC in association with Centre for Professional & Organization Development and EXPRESS (India) Ventures Pvt. Ltd. conducted Mock Interview Drive for the students of PAFGC. Around 33 students willingly attended the mock interview drive at E-Learning Centre on 14 April 2023.



Aptitude Test for the students who had registered for the Mock Placement Drive began at 10.00 a.m. Students were allowed to use note book for rough work and online test was conducted using smart phones.

Candidates who qualified in the Aptitude Test were eligible for Group Discussions and those who cleared GD were called for Personal Interview. 17 students were qualified for the personal interview.



Ms. Ayesha Fahima from III year FND bagged the 'Best Student of the Month' award by her outstanding performance during the mock interview drive. It boosted the confidence to face interview and students gained practical knowledge about the same. Dr. Surfraz J Hasim, Principal, PAFGC, Mr. Mohamed Faizal N, Head- CPOD and Capt. Amar E P Mascarenhas and Ms. Ashalatha, Asst. Professor, Dept. of FT & FND were the panelists.

Placement Drive by Nandi Toyota

On 13 April 2023, Campus Recruitment from Nandi Toyota, Bengaluru, in association with Training and Placement Cell of P.A. First Grade College organized campus recruitment for the post of sales officer.

Around 10 students of Final year BBA and B.Com actively faced the interview.

Campus recruitment began at 10.00 a.m. by introducing the company to the interviewees at E-Learning Centre. There after, each aspirant was called to the IQAC cabin for HR round.

Students were happy that they got an opportunity to interact with the company. Ms Aysha Anwar, Mr Mohammed Midlaj, and Mr Nihal A from III year BBA were placed to Nandi Toyota, Bangalore.



Industry Visit to Hotel Moti Mahal, Mangalore



As a part of Industrial Visit, 35 students of Aviation and Hospitality Management, along with Ms. Reshma K C and Mr. Mohammad Samsheer, Asst. Professors, Dept. of Commerce and Management, visited Hotel Moti Mahal, Mangaluru, on 27 April 2023. The team was divided into two batches.

They had explained the functions of each department to the students and made them aware about the job role. They started with the front office section and lobby followed to the different room categories, housekeeping, food and beverage, banquet hall, laundry, swimming pool etc.

Students spent around 3 hrs. in the hotel and further at 12 noon they had arranged refreshment for all. As an outcome of the visit, students gathered much information about the day-to-day activities including check in and check out of guests, luggage handling by bell desk, cleanliness work and bed making by housekeeping etc.

Ambedkar Jayanthi Celebrated at PAFGC



PAFGC in association with IQAC and Human Rights Cell organised 'Ambedkar Jayanti' on 27 April 2023, at E-Learning Centre. Dr. Dayananda Naik, Associate Professor, Dept. of Political Science, Mangalore University, Mangalagangothri was invited as the chief guest. He inspired the students highlighting the constitutional aspect and encouraged them to respect our constitution and follow the same. It helped the students to have deep insight into the Indian Constitution. Dr. Surfraz J Hasim, Principal, PAFGC presided over the program and encouraged the students to get into real politics to bring changes in our society. Ms. Vanishree, IQAC Coordinator, Ms. Deepthi Udyavar, Head- Dept. of Commerce and Management, Ms. Noor Jahan Begum, Head- Dept. of Humanities and Social Sciences and Ms. Rasheeda Banu, Coordinator of the program were present on the dias. Program began invoking the blessings of Almighty by Mr. Ishaan sheik from II BBA. Mr. Aiman Basheer from I year BBA welcomed the gathering while Ms. Shafna Sherin from I year BCA introduced the guest to the audience. Ms. Fathima KM from I year BCA propounded the vote of thanks. Ms. Ancita Lobo from I year BBA compered the program.

HACCP & FOSTAC Certification and Training Program



Department of Food Science conducted a two days training program on HACCP and FOSTAC certificate courses for the final year students of Food Technology and Food Nutrition and Dietetics. The training program for the Certificate Course on HACCP and FOSTAC was held on 27th & 28th April 2023. The trainers were appointed from a prestigious company, who are known for providing other certification courses all over the country.

On 27 April 2023, Mr Aneesh Thekkepurath (HACCP TRAINER) conducted the HACCP training to the students.

On 28 April 2023, the second day of the training program was held by Mr. Muhammed Jafar (FOSTAC TRAINER). He enlightened about FOSTAC- Food Safety Training and Certification. The session provided the information about hazards to be controlled in Food Industries and also, to reduce the contamination (free from pest, rodents) in order to produce quality food.

The students were made aware of the current scenario of Food Industries and also their upcoming scope and opportunities.

Collage Competition



As a part of cultural fest off stage competition, Commerce and Management Association conducted 'Collage competition' on the topic "Investment". Seven teams from different streams participated enthusiastically in the competition on 29 April 2023, at Drawing room.

Ms. Preethi and Mr Mohammed Samsheer, Assistant professors, Dept. of Commerce and Management were the judges for the event.

Industrial Visit to Yenepoya Central Kitchen

Final year B.Sc- Food Nutrition and Dietetics & Food Technology students visited Yenepoya Central Kitchen on 25 April 2023. Ms Rosey and Ms Ashalatha, Assistant Professors, Department of Food Technology & Food Nutrition and Dietetics accompanied 39 students. There were different departments in the Kitchen which includes maintenance, Logistics, Store, Housekeeping, Bakery and so on.



Students analyzed the actions of Yenepoya Central kitchen which ensured Food Safety during Consumption. They observed different areas of kitchen including Logistics area, Main working area, Segregation and Cutting area. Dry heat cooking, roasting, baking, sautéing and broiling are the different cooking techniques incorporated.

Ingredients more prone to spoilage were stored in well sanitized freezer room. They used steam as the main source of cooking. Industrial visit helped the students to get practical exposure in the field.

Students Achievements



Ms. Hana Mariyam, III year B.Sc (FND) student had bagged third place in Ted Talk Competition during "INITIA- 2023", a fest organised by St. Aloysius College (Autonomous), Mangalore on 31 March 2023.

Mr. Mohammed Sheik Safwan from II year BBA and Ms. Thabsheera from II year BSc (FT) have been selected as the Student Ambassadors for Numero Uno Partners and will be spearheading the Mangalore University Career Center project for our institution.

As a step towards something new, PAFGC in association with CPOD decided to choose 'Student of the Month' from the month of April 2023. Ms Ayesha Fahima from III BSc (FND) was selected as the Student of the Month (April) considering her outstanding performance in the Mock Interview Drive conducted in association with Express (India) Ventures Pvt. Ltd on 13 April 2023.

Wall Decor Competition



PAFGC in association with Commerce and Management Association conducted a "Wall Decor" competition as a part of cultural fest off stage event on 02 May 2023 in the Drawing room. 10 teams from different streams participated enthusiastically. Ms. Deepthi Udyawar, Head- Department of Commerce and Management & Ms. Vanishree Y, IQAC Coordinator, PAFGC were the judges for the competition. Mr. Abdul Asmeel & Ms. Mubeena T from I BBA B secured first place & Mr. Mohammed Ishaan Shaik & Mr. Aboobacker Siddique from II BBA A secured Second place.

Voting Awareness Program



National Service Scheme (NSS) & Youth Red Cross (YRC) Unit of P.A First Grade College, had conducted a Voting Awareness Program around the campus on 2 May 2023.

Students urged people not to waste their votes and informed how the public play an important role in election. NSS Volunteers visited nearby houses and distributed the pamphlets.

24 NSS Volunteers actively participated in the campaign. Ms. Ithashree M & Ms. Chaithra N. V, NSS Program Officers, Mr. Hamad Basheer, YRC Coordinator, Ms. Jaseera Jannath, Assistant Professor, Department of Commerce and Management were present during the occasion.

Essay, Story and Poem writing Competitions

On behalf of Cultural Fest, Literary Association of PAFGC conducted Essay, Story and Poem Writing Competition on the topics "Women Empowerment", "Honesty is the best policy" and "Equality" on 2 May 2023. Students from each classes participated enthusiastically. Ms. Najla Mariyam, Asst. Professor in Malayalam, Ms. Sara Maskurunneesa, Asst. Professor in Kannada and Ms. Noorjahan Begum, Asst. Professor in Hindi were invited as the judges. Judgement was based on participant's language, theme, literary expressions, and vocabulary. The competition was successfully conducted by Literary Association Coordinator Ms. Gopika. P. P.



Seminar on “Union Budget and Indian Economy”



Internal Quality Assurance Cell in association with Commerce and Management Association organised a seminar on “Union Budget and Indian Economy” at E-learning Centre on 11 May 2023.

CA. S.S. Nayak, Past Chairman, ICAI, Mangaluru was invited as the Resource Person. He spoke on Income Tax, GST, and various types of budgets; highlighting union budget and that of Karnataka. He also briefed about GDP ranking in terms of world economy, Repo Rate changes, different registration portal and the highlights of the educational sector. Further he elaborated the vehicle scrap-page policy and green credit program. The session followed by Q & A session which helped the students to clear their doubts.



Dr Surfraz J Hasim, Principal, P A First Grade College. Dr. Sayyad Ameen Ahmad, Dean (students Affairs), PACE, and Director- Centre for Management Studies and Research, Mr. Mohammed Faizal N, Head- Centre for Professional and Organisation Development, Ms Vanishree Y, IQAC Coordinator, Ms Deepthi Udyavar, Head- Dept. of Commerce and Management and Ms Preethi, program coordinator were present on the occasion.

The student of the month, Ms Ayesha Fahima from III year FND was felicitated by the Chief Guest while the Chief Guest was felicitated by Dr Surfraz J Hasim, Principal.

The seminar began invoking the blessings of almighty by Mr Irfaad from I year BCA. Mr. Asmeel from I year BBA welcomed the gathering while Ms Amani from I year BCA introduced the Chief Guest to the audience. Mr. Ayman Basheer from I year BBA proposed the vote of thanks. Ms. Salma Aifna from I year B.Com compered the program.

Name Launch for Commerce and Management Fest



Commerce and Management Association organized a Name launch ceremony of Commerce and Management fest on 15th May 2023, at E- Learning Centre. Program began with an introduction to management fest.

Dr. Sayyad Ameen Ahmad, Dean (Student Affairs), PAET, and Director- Centre for Management Studies and Research revealed the fest name "JUSTICE LEAGUE -23" and addressed the gathering regarding the importance of students participation in the fest for the development of corporate personality and application of realistic situation.



Mr. Mohammed Faizal, Head- Centre for Professional and Organization Development addressed the audience about importance of participation in various events. Ms. Deepthi Udyavar, Head- Dept. of Commerce and Management, Ms. Vanishree Y, IQAC Coordinator, Staff coordinators- Ms. Preethi and Ms. Ramyashree, Asst. Professors, Dept. of Commerce and Management and faculty members of various departments were present during the occasion.

Counselling Session by Roshni Nilaya Interns



P. A. First Grade College provided an opportunity to the M.Sc. (Counselling Psychology) students of 'School of Social Work' to counsel the students of P.A.F.G.C as part of their internship program from November 2022 to May 2023. Ms. Mariyam Lishana, Ms. Jusaira, Mr. Adarsh, from II year M.Sc. (Counselling Psychology) were the counsellors. They counselled around 50 students from various departments which helps the students to be relaxed, focus on their goals and be aware of their strength and weakness. The field practice enhanced the practical ability of the counsellors. At the end of counselling program they conducted a session on "Build Bridges not Walls: Building Social Relationship" at E-Learning Centre on 18 May 2023. The session was an assessment to identify participant's level of altruistic, compassion, positive relationship and gratitude behaviour.

"DIETETIC 4.0- Nourishing Innovation"



The Department of Food Nutrition & Dietetics, and Food Technology, had organized a Food Fest, Dietetic 4.0- "NOURISHING INNOVATION" on 16 May 2023.

The program began at 10.00 am with an undying tradition of seeking almighty's blessing. Mr. Zamzeer Ahamed and Mrs. Jameela Ruhi, founders of Kunafa World were invited as the Chief Guests. They inspired many young minds through their words of wisdom towards entrepreneurship in food sectors and has invoked depth on contributing to the society welfare. Post that, inauguration of the stalls were done. There were 25 stalls in total. Stalls were put up even by home bakers and students of the sister institutions. Ms. Ayesha Fahima, from III year B.Sc(FND) welcomed the gathering. Ms. Sahala Nasar from III year B.Sc(FND) proposed the vote of thanks. Ms. Aleema Nabeela from III year B.Sc (FND) compered the program.

The chief guest paid a visit to every stall and appreciated their effort for putting up the stalls for the day. Inter collegiate competitions such as Taciturn, Trabalangues, Cooking eva, Nuova invencion, Manoeuvre, See the unseen, feel it reel it added colour to the fest. Dr. Ramis M.K, Principal, PACE, Dr. Sayyed Ameen, Dean- Student Affairs and Director- Centre for Management Studies and Research, Ms. Delcy D Souza, Head- Dept. of Food Technology and Food Nutrition & Dietetics, Ms. Deepthi Udyavar, Head-Dept. of Commerce and Management, Ms. Mohini, Head- Dept. of Computer Application, Ms. Noorjahan Begum, Head- Dept. of HSS, Ms. Vanishree Y, IQAC cordinator were also present. Dr. Ramis M.K. addressed the gathering with his inspiring words and felicitated the chief guests with a token of appreciation.

The Valedictory function began invoking the blessings of almighty by Mr. Mohammed Ameen at 3:30pm. We were glad to have Ms. Meghanashree R. K, software engineer and food content creator as the Chief Guest. Mr. Mohammed Ajmal and Mr. Mithulaj- food vloggers were invited as the special guests. They were extremely happy to be a part of the food fest as they refreshed their memories and emphasised the significance of conducting such a wonderful program. Mr. Mohammed Faizal, Head- Centre for Professional and Organisation Development, Dr. Sayyed Ameen, Dean- Student Affairs and Director, Centre for Management Studies and Research, PACE and Mr. Sharfuddhin PK, AGM (Campus), PAET were present. Dr. Ramis M. K, Principal of PACE, felicitated the Chief Guests with a token of appreciation.

Ms. Afna from I year FND welcomed the gathering while Mr. Aftab, from III year FT proposed the vote of thanks. Ms. Hana Maryam from III BSc (FND) compered the program. Ms. Sruthi C. K, Asst. Professor, Dept. of FT and FND and Ms. Gopika, Asst. Professor, Dept. of English were the fest coordinators.

Debate Competition



Internal Complaints Committee (ICC) conducted a Debate Competition to all the students of PAFGC on the theme "Is Education to a Girl Child Boon or Burden" on 18 May 2023.

The aim of organizing this competition is to create an awareness among both male and female students that investing in girls education transforms communities, countries and the entire world. The session was the kaleidoscope of opinions, thoughts and perspective of students about the female education. The competition was so interesting with the exchange of students perspective by equally stating the merits and demerits of the topic.

The event was judged by Ms. Deepti Udyavar, Head- Dept. of Commerce and Management and Ms. Muneera A, Asst. Professor in English.

Student of the Month (May- 2023)



PAFGC in association with CPOD selected 'Student of the Month' by conducting various tests at three different levels such as Aptitude Test, General Quiz and Presentation.

Out of 51 students nominated, Mr. Abdul Asmeel from I BBA B was selected as the Student of the Month (May- 2023).

Dr. Surfaz J Hasim, Principal, PAFGC and Mr. Mohammed Faizal N, Head- CPOD were invited as the judges. Principal congratulated the winner. Mr. Hamad Basheer, Asst. Professor, Dept. of Commerce and Management coordinated the selection process.

Principal as Guest Speaker at CADD Centre, Kasargod



CADD Centre & PACE Group jointly organised 'BRAIN MASTER 2023', a quiz program by a renowned Quiz Master Dr G.S Pradeep on 18 May 2023 at Town Hall, Kasaragod.

Dr Surfraz J Hasim, Principal, P.A. First Grade College was invited as the Guest Speaker. Dr. Surfraz addressed students & parents and empowered them about having a positive approach towards every situation. Also, he spoke about having clear goals in life that leads towards enjoying every moment of their future.

"JUSTICE LEAGUE -23" Intra-Collegiate Commerce and Management Fest



The Commerce and Management Association organized one day Intra-Collegiate Commerce and Management Fest "JUSTICE LEAGUE 23", on 23 May 2023 at E- Learning Centre. The event was a grand success in terms of various competitions such as Quiz, Human Resource, Marketing, Finance and Best Manager.

Chief Guest Dr. Preethi Keerthi D Souza, Associate Professor, Department of Commerce and Management, Mangaluru University inaugurated the fest and delivered a remarkable address. Ms. Deepthi Udyavar, Head- Dept. of Commerce and Management presided over the program and appreciated the organisers for their efforts and conveyed best wishes to the participants. As the undying tradition, fest began with invoking the blessings of almighty by Mr. Ishaan Sheikh from II year BBA. Ms. Preethi, Asst. Professor & Coordinator of "JUSTICE LEAGUE 23" welcomed the gathering. Ms. Ramyashree, Assistant Professor, Dept. of Commerce and Management introduced the chief guest, while Mr. Abdul Bashit from III year B.Com proposed the vote of thanks. Ms. Salma Aifna from I year B. Com compered the formal function.



PAFGC in association with Internal Quality Assurance Cell observed World Meditation Day and organised a practical session on 'Meditation for Inner Peace' by Dr. Surfraz J Hasim, Psychologist, Mind Trainer & Coach, Principal, P. A. First Grade College at E- Learning Centre on 22 May 2023. Session began highlighting how to attain inner peace by consuming golden energy and eliminating negative energy. The practical session helped the participants from PAFGC and sister institutions to understand how to meditate to strengthen our mind. At the end of the session participants were able to feel the difference. The platform was open for Q & A where they expressed their experience saying that the meditation helped them to feel relaxed. Questions were raised related to meditation, difference between self hypnosis and hetero hypnosis etc. Satisfactory answers from the speaker helped the participants to clear their doubts and encouraged them to go for meditation on daily basis to have a peaceful mind.

Program began invoking the blessings of almighty by Mr Ahmed Irfad from I BCA. Ms Aleema Nabeela from III year FND welcomed the gathering while Ms Salma Aifna from I B.Com proposed the vote of thanks. Ms. Ayesha Fahima from III Year FND hosted the session. The program was coordinated by Ms Noorjan Begum, Head- Dept. of HSS.



Women's Cell conducted a Pencil Sketch Competition as a part of cultural fest off stage events on 25 May 2023, with the aim of enhancing & encouraging creativity and drawing talent in students. Participants were given the topic 'Mother Nature' and informed about the rules and regulations of the competition. 31 students participated in the competition.

Patriotic and General Song Singing Competition

NSS unit of PAFGC organised a patriotic and general group singing competition on 25th May 2023 as a part of cultural fest off stage events. 35 Students from different departments had participated in the competition. The judgement was made by Ms. Nirmal D Bensia, Assistant professor, Department of B.Sc. (FT&FND) and Ms. Ithashree M, Assistant professor, Department of Commerce and Management.



Value Added Course

Value added courses are part of the curriculum designed to provide necessary skills to increase the employability quotient and equipping the students with essential skills to succeed in life.

In this regard, Blue Bird Data Solutions, Mangalore visited PAFGC on 25th May 2023 and informed about their value-added course for the second and final year B. Com and BBA students of PAFGC.



Mr. Varun, Manager, Blue Bird Data Solutions and Mr. Sayyed, Director, Business Development explained about their value added course for the students and cleared the doubts. Ms. Deepthi Udyavar, Head-Department of Commerce and Management, Ms. Chaithra N V, Assistant professor, Department of Commerce and Management were present during the occasion. 50 students participated in this program.

Principal as Resource Person at Yenepoya Speciality Hospital

Participation in National Seminar



Dr Surfraz J Hasim, Principal - P.A. First Grade College was invited as the Resource Person to conduct a session on Mind Mapping & Work-Life Balance at Yenepoya Speciality Hospital on 26th May 2023. 100 staff members attended the program.



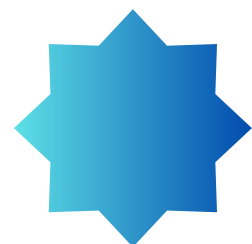
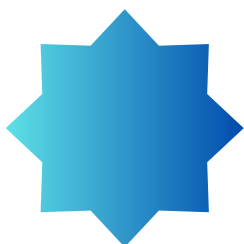
Principal as Resource Person at Islahi School



Dr Surfraz J Hasim, Principal, PAFGC was invited as the Resource Person for Faculty Development Program at Islahi English Medium School, Ullal on 27 May 2023.

Karnataka Raja Mahavidyalaya Shikshak Sangh, Mangalore University Vibhag, in collaboration with Karnataka State Higher Education Council, Mangaluru University, and University College jointly organized National Seminar on "Implementation of National Education policy 2020: Challenges and way forward Curriculum, Assessment and Outcome" on 26th May 2023 at Ravindra Kala Bhavan, University College, Mangaluru.

Prof. Manish R. Joshi, Secretary -UGC, New Delhi delivered key note address. Dr Raghu Akamanchi gave introductory speech. Prof. P. S Yadapadithaya, Vice Chancellor presided over the program. Dr. Surfraz J Hasim, Principal, P. A. First Grade College, Ms. Ramyashree A. B, Asst. Professor, Dept. of Commerce and Management, Ms. Sruthi C. K, Asst. Professor, Dept. of FT and FND attended the seminar.



Painting Competition



On behalf of Cultural Fest, Youth Red Cross Unit of PAFGC conducted Painting competition on 29 May 2023 at Drawing room. Around 22 students exhibited their painting skill. Competition was coordinated by Mr. Hamad Basheer, Assistant Professor, Dept. of Commerce and Management.

Mr Ahammed Shahik from III B.Com bagged first prize while Second place bagged by Mr Mohammad Kunhi from I B.Com.

Ms Ramyashree and Mr Mohammad Samsheer (Asst. Professors, Dept. of Commerce and Management) were invited as the judges.

World No Tobacco Day (Video making Competition)



All the other wealth accumulated during an entire lifetime would become nothing if one's health is compromised. Today tobacco stands as one of the major reasons behind deaths due to fatal diseases like cancer and tuberculosis. These cause more than 8 million deaths per year. Awareness is the only weapon to fight this harmful substance that brings misery to our society.

To inculcate awareness about the harmful effects of tobacco, the NSS and YRC Unit of PAFGC celebrated World No Tobacco Day-2023 with the theme of 'Grow food not tobacco' on 31st May 2023 at 3PM in the E-learning centre. NSS coordinator, Ms. Chaithra N.V, Assistant Professor, Department of Commerce and Management explained the importance and gave an awareness message on hazards of tobacco. The awareness video making competition was conducted for the students. 10 students from different departments had participated in the competition. Students highlighted the risk involved in chewing of tobacco through a video. The judgement was given by Ms. Reshma K.C and Mr. Samsheer, Assistant Professors, Department of Commerce and Management and Ms. Mohini.K, Assistant Professor, Department of Computer Applications. Ms. Ithashree. M, NSS Coordinator, Mr. Hamad Basheer, YRC Coordinator, and 30 students from different departments were present during the occasion.

Blood Donation Camp



On account of World Blood Donor Day, Youth Red Cross, National Service Scheme Unit & IQAC of P.A First Grade College in association with Red Cross Society Blood Bank, Government Lady Goschen hospital, Mangaluru has organized a blood donation camp on 6 June 2023.

Mr. Sanjay Shetty, Secretary, Indian Red Cross Society, D.K District branch, Mangalore was the chief guest of the day. Mr. Praveen Kumar, Coordinator, Indian Red Cross Society, D.K District, Mr. Abbas Uchil (Member- Youth Red Cross Society), Former Sales and Marketing Manager, Ecolab, K.S.A, and Mr. Sharfuddeen P.K, AGM-Campus, PAET were the guests of honour. Dr. Saleemulla Khan, Principal, PACP, Dr. Sajeesh Raghunathan, Principal, PAIP, Mr. Muhammad Faizal. N, Head- Centre for Professional and Organisation Development were the distinguished guests.

The formal function began invoking the blessing of Almighty by Mr. Ishaan Sheik from 2nd BBA. Mr. Sanjay Shetty propounded the importance of blood donation and congratulated the team for their initiative. He encouraged the students to take more participation in such activities and programmes. On this occasion, Dr. Iqbal, Physical Director, PAET was felicitated for his successful completion of Doctoral Degree.

Ms. Ithashree M, NSS Program Officer gave introductory remarks on blood donation. Dr. Surfraz J Hasim, Principal, P.A. First Grade College delivered presidential address. IQAC coordinator, Heads of various departments, teaching and non-teaching staff were present on the occasion. Mr. Hamad Basheer, YRC Program Officer, Ms. Ithashree, NSS Program Officer, Ms. Chaitra N.V, NSS Program Officers were the coordinators of the program.

Around 125 donors from PAFGC and Sister Institutions voluntarily donated blood. Ms. Aleema Nabeela from 3rd year Food Nutrition and Dietetics welcomed the gathering, while Ms. Hala Iqbal from 3rd year Food Technology proposed the vote of thanks. The program was compered by Ms. Hana Mariyam from 3rd year Food Nutrition and Dietetics.

Invited Talk on Prevention of Sexual Harassment at Workplace



Internal Complaints Committee at P.A First Grade College, in association with Internal Quality Assurance Cell organized an invited talk on 'Prevention of Sexual Harassment at Workplace' for female students of the college on 1 June 2023. Advocate Imtiaz B, a renowned advocate from Mangalore was the resource person.

The program started with a prayer seeking the blessings of almighty. Ms. Aleema Nabeela from III year FND welcomed and introduced the resource person to the gathering. The resource person spoke about sexual harassment and ways in which sexual harassment takes place at the work place and their prevention methods by quoting certain cases with various sections of law. Also, he informed the students about the procedure to lodge a complaint, whom to approach and so on. He made the students to know the importance of constituting an Internal Complaints Committee by the employer at work place to solve the issues of sexual harassment at workplace and about the 'Local Committee' to lodge the complaints in the absence of Internal Complaints Committee. He educated the students about the POCSO Act applicable to minor children with regard to sexual harassment.

The program was very interactive and students were given opportunity to clear their doubts in Q& A session. The program was presided over by Dr. Surfraz J Hasim, Principal PAFGC. Members of ICC, HODs of various departments and other faculty members were present on the occasion. The program ended with the vote of thanks by Ms. Fathimath Mashmoona from II year BBA. Ms. Fathima Hiba from III year BBA compered the program.

Felicitation to Acting Vice Chancellor of Mangalore University

Dr Surfraz J Hasim, Principal - P.A. First Grade College along with Dr Sayyed Ameen, Director-Centre for Management Studies & Research and Mr Mohammed Faizal, Head - Centre for Professional & Organisation Development Congratulated Dr Jayaraj Amin, Acting Vice-Chancellor of Mangalore University on 7th June 2023.



Annual Day celebration



PA First Grade College celebrated its annual day under the patronage of Mr Abdulla Ibrahim, Managing Trustee, PAET on 15 June 2023 at PACE auditorium.

Mr Yuvaraj Jain, Chairman, Excellent Group of Institutions was invited as the chief guest. He inspired the students with his words of wisdom, highlighting the importance of Persistence, Dedication and Punctuality.

Dr. Abdul Rahiman, Former Vice Chancellor, Kannur and Calicut Universities, Mr. KM Haneef, Businessman, Founder Secretary and Former Director (Administration), PAET, and Mr. Sharafuddin P K (AGM), PAET were the guests of honour. Dr. Sayyed Ameen, Dean- Students Affairs, Dr. Rameez, Principal, PACE, Dr. Saleemulla khan, Principal, PA College of Pharmacy, Mr. KP Soofie, Principal, PA Polytechnic, Dr Sajeesh Ragunathan, Principal, PA Institute of Physiotherapy, Mr. Mohammed Faizal N (Head-CPOD), and Mr Haris TD, Purchase Manager were present on the dais.

The program began by invoking the blessings of almighty by Mr. Ishaan sheik from II year BBA and Mr. Irfad 1st year BCA.

Ms. Vanishree Y, IQAC Coordinator, welcomed the gathering. Post that, Dr. Surfraz J Hasim, Principal, PAFGC presented the Annual Report of the year 2022-23. The guest of honour Dr. Abdul Rahiman encouraged the students to strive hard, broaden their horizon and set goals to reach greater heights. He also propounded the importance of Discipline, AI and English Language. Best outgoing students, Student of the Month, Student who had excelled in the University Examination, Cultural, Sports and over all involvement in college activities were felicitated at the award Ceremony. Mr. Abdul Bashith from III year B.Com, Ms. Fathima Naizam from III year BBA, Mr. Shahzad III year BCA, Ms. Aleema Nabeela from III year FND, and Ms. Hala Iqbal from III year FT were identified as the Best outgoing students. Individual sport championship was bagged by Mr. Kruthik Roshan II year BCA and Ms. Shafna Sherin I year BCA. Overall championship was crowned to Green House.

The meticulous planning and coordination of the team made the entire program a grand success. The formal function concluded with felicitation of the chief guest and guests of honour. Ms. Deepthi Udyawar, Head- Dept. of Commerce and Management proposed vote of thanks. Ms. Muneera. A, Asst. Professor in English and Ms. Fathima Hiba from III year BBA compered the program.

AUTO SHOW- "REV-EM"



The final year students of P.A First Grade College, organised an auto show "REV-EM" on 14 June 2023. The show was co-ordinated by Mr Mohammed Amaan from III year BBA and Ms Ayesha Fahima from III year B.sc (FND).

The event witnessed a range of exotic heritage cars. Abin Babs was the chief guest of the event and star attraction of the show. This show has the finest collection of vintage and classic vehicles.

Mr. Sharafuddin P.K, AGM (Campus), P.A.E.T, Dr. Surfraz. J. Hasim, Principal, P.A First Grade College, Dr. Sayed Ameen, Dean(Student Affairs), Mr. Mohammad Faizal N, Head- CPOD, Heads of various departments and the faculty members were present.

Cultural Fest - EUREKA' 23



The Cultural Fest "Eureka-23" was held during 15 June to 17 June 2023 at PAFGC Auditorium.

As a part of Cultural Fest many off stage programs and various competitions were conducted. It encouraged all the students to equally participate in the same.

The Cultural Fest for boys and girls scheduled separately. It paved an opportunity for the students to exhibit their talents. Students enjoyed their fest with great zeal and enthusiasm.



PAET Team participation in KCCI Conclave



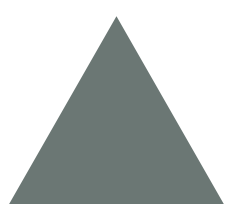
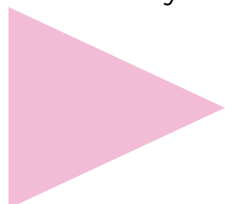
Kanara Chamber of Commerce and Industry (KCCI) members day conclave 2023 was held on 17 June 2023 at TMA Pai International Convention Centre, Mangaluru. 'KCCI MEMBERS DAY LECTURE' was delivered by Shri Harish Bijoor, CEO, Harish Bijoor Consults Inc., Bengaluru.

The conclave was attended by Dr. Surfraz J Hasim, Principal- PAFGC, Dr. Saleemulla Khan, Principal - PACP, Mr. Sharfuddin PK, AGM - Campus, Prof. Ismail Khan, Vice Principal - PAPT, Dr. Sayyad Ameen, Dean (SA) and Dr. Iqbal, Physical Director.

International Yoga Day



PAFGC in association with IQAC and Dept. of Physical Education observed International Yoga Day on 21 June 2023 at E-Learning Centre. Dr. Shri Hari Sukesh, Yoga Therapist, Dept. of Human Consciousness and Yogic Sciences was invited as the resource person. He propounded the importance of yoga and gave practical demonstration of basic yoga. Dr Iqbal, Physical Director, PACE and Mr. Sundar, Physical Director, PAPT were present on the occasion. Dr. Surfraz J Hasim, Principal, PAFGC highlighted the importance of yoga giving real life experience. Around 30 students actively participated and gained practical knowledge about yoga. The program began invoking the blessings of almighty by Mr. Mufeed from I year B.Com and Compèred by Ms. Muneera A, Asst. Professor in English. The program was coordinated by Mr. Ibrahim, Physical Director, PAFGC.



Best Out of Waste Competition



'Greenaura' Environmental Cell conducted a competition "BEST OUT OF WASTE" on 29th May 2023, with the aim of creating awareness about the recycling and reusing the waste materials.

Staff Coordinators -Ms. Najla Mariyam, Assistant Professor, Department of HSS, Ms. Rosey, Assistant Professor, Department of FT&FND, and Ms. Ashalatha A, Assistant Professor, Department of FT&FND along with the student coordinators Mr. Mohammad Shakhir A P, Mr. Umrul Farooq and Mr. Ahmed Shahik from III year B.Com. Various innovative and creative ideas can be put together to being something new and useful. There were 40 students participated in the competition.

Products were judged on the basis of creativity, use of waste materials, functionality and overall appearance. Ms. Noorjahan Assistant Professor, Department of Hindi and Ms. Muneera, Assistant Professor in English judged the competition.

Winners of the competition were Ms. Khadeejath Naja and team I year BBA A (First place), Mr. Ali Aufa and team from I year B.com (Second Place), Ms. Fathimath Shahnaz and team from I year BBA (Second place).

Vanamahotsava



'Greenaura'- Environmental Cell celebrated "VANAMAHOTSAVA" on 21 June 2023, with the aim of creating awareness about the importance of planting and its effect on the environment. Chief Guest of the Program Prof. C. V Pujar, Department of Mechanical Engineering addressed the gathering and gave a brief insight to the students present regarding plantation, importance of trees and forests in our lives and urged the students to protect environment. Principal Dr. Surfraz J Hasim encouraged students to plant the saplings and made them realize the benefits. Captain Rudresh, Mr. Haris TD, Mr. Ibrahim, Physical Director, staff Coordinators- Ms. Najla Mariyam, Assistant Professor, Department of HSS, Mrs. Deepti Udyavar, Head- Department of Commerce and Management, and Mrs. Ashalatha A, Assistant Professor, Department of FT& FND, Ms. Gopika, Department of HSS, along with the student coordinators and other members planted various saplings.

Anti-Drug Awareness Campaign on International Day Against Drug Abuse and Illicit Trafficking



On account of 'International Day Against Drug Abuse and Illicit Drug Trafficking, all the institutions under P.A. Educational Trust, conducted an Anti-drug Awareness Campaign through competitions, pledge, procession, placards and balloon release on 26th June 2023 in front of PACE Administration Block.

The program was organised by the NSS and Youth Red Cross Unit of all the Institutions of PAET. The event aimed to educate the students and raise awareness about the harmful effects of drugs. The program also witnessed the Prize Distribution Ceremony for the various competitions like poster making, short video and short audio making.

Dr. Saleemullah Khan, Principal, PACP enlightened the students on the harmful effects of drug. . Dr. Surfraz J Hasim, Principal, P. A First Grade College, administered the pledge against drug abuse to the participants. Dr. Ramis M. K, Principal, P.A College of Engineering, Prof. K.P. Soofie, Principal, PAPT, Dr. Sajeesh Raghunathan, Principal, PAIP, Dr. Iqbal, Physical Director, Mr. Ismail Shaffi, Co-Scholastic Activities Coordinator, PACE, Mr. Sharfuddin, AGM- Campus were the other dignitaries present during the program.

The program witnessed the release of balloons with the message " SAY NO TO DRUGS" in the presence of whole PACE FRATERNITY including Vice Principals, Heads of Various Departments, Students and Staff of all the institutions. Prof. Ismail S, NSS Coordinator, PACE, coordinated the event, and Mr. Sarfraz, student member of the NSS, PACE, compered the program.

Special Lecture on Mind Mapping at Mangalore University



Dr Surfraz J Hasim, Psychologist, Mind Trainer & Coach and Principal, P.A. First Grade College was invited by the Mangalore University to deliver as Special Lecture on Mind Mapping and Hypnosis on 21 June 2023 at Prof. U R Rao Hall.

The program was inaugurated by Prof. Jayaraj Amin, Hon'ble Vice-Chancellor, Mangalore University.

Prof. Y. Sangappa, Finance Officer, Mangalore University, Prof. P L Dharma, Former Registrar (Evaluation), Prof. B K Sarojini, Chairperson, Dept. of Industrial Chemistry, Prof. Dayanand Naik, Dept. of Political Science, Prof. Parameshwar, Chairman, Dept. of Commerce and Director of Student Welfare, Mangalore University were present on the occasion.

Faculty members of various departments and about 200 students participated in the program

Student of the Month (June- 2023)



PAFGC in association with CPOD selected 'Student of the Month' by conducting General Quiz and Presentation on 28 June 2023.

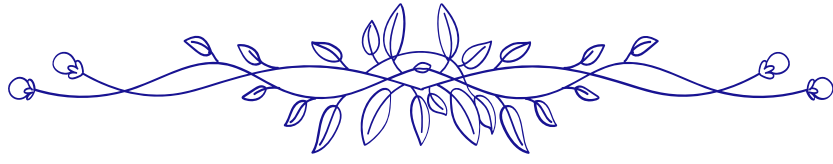
out of 21 students nominated Ms. Fathima Hiba from III year BBA was selected as the Best Student of the Month (June- 2023).

Mr. Mohammed Faizal N, Head- CPOD and Dr Surfraz J Hasim, Principal, PAFGC were invited as the guests.

It was coordinated by Mr. Ibrahim, Physical Director, PAFGC at E- Learning Centre. Dr Surfraz J Hasim, Principal, PAFGC congratulated the student and motivated her to strive hard to achieve more.



READING MAKES YOUR DREAMS
COLOURFUL AS IT INCREASES
YOUR IMAGINATION.
HAPPY READING!



Editorial Board

Dr. Surfraz J Hasim, Principal, P.A. First Grade College, Chief Editor
Ms. Muneera A, Associate Editor
Ms. Gopika PP, Asst. Professor, Member
Ms. Laveena T DSouza, Asst. Professor, Member

For Private Circulation Only

For further details please visit our website: www.pafgc.in

For correspondence email to: principal@pafgc.in

Edited by: Ms. Ms. Muneera A , Asst. Professor in English, PAFGC

Published by: P.A First Grade College, Mangalore



P.A First Grade College
Nadupadav, Montepadav Post, Kairangala,
Mangaluru-574199
Karnataka, INDIA.
Contact: 0824-2284701/02/03

